

STANDARD INSTALLATION
TOPIC EXCHANGE SERVICE



RELOCATION INFORMATION FOR

Fort Story
Virginia

Information Date
December 09, 2002

Visit the SITES Web Site at
<http://www.dmdc.osd.mil/sites>

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Installation

Installation Overview

For more information on this subject:
<http://www.eustis.army.mil>

Fort Story is 1,451 acres of sandy trails, cypress swamps, grassy dunes and soft and hard sand beaches. Our beaches are wide, gently sloped and washed by the waters of the Chesapeake Bay on one side and get pounded by the surf of the Atlantic Ocean on the other. It is the Army's only training base for logistics-over-the-shore operations. It is the site of three historical landmarks; the Cape Henry Lighthouse built by the Federal Government in 1791; the First Landing Cross which memorializes the landing of English settlers in 1607 before they proceeded to Jamestown; and the Admiral de Grasse statue honoring the French Fleet which prevented the British from reaching Yorktown during our War for Independence. (It's one of the Army's best kept secrets!)

The Army, Navy, Marines, and Coast Guard all have units on Fort Story and call it home.

Name: Post Information
City: Fort Story / Fort Eustis, VA
Phone: (757) 878-1212

Must Know Items

For more information on this subject:
Virginia Beach City Schools
<http://www.vbschools.com>

Fort Story is a sub-installation of Fort Eustis, Virginia. Fort Eustis is located about 50 miles away. All persons assigned to Fort Story must first process in at Fort Eustis. There is no guarantee that your assignment will be Fort Story. When you inprocess in at Fort Eustis, your assignment may change. The Military Personnel Office will assign you based on the needs of the command at that time. You may be assigned to Fort Eustis or Fort Story. Military Personnel Office: Fort Eustis - BLDG 661, (757) 878-0953 Fort Story - BLDG 564, (757) 422-7033.

Students attending the Army Transportation School at Fort Eustis and the School of Music at Little Creek are not authorized to bring their dependents. Dependents may join you after you have completed

your training and are assigned to a permanent duty station.

If you are married and intend to bring your family to this area with you, it would be best for them to stay with other family members or some other safe place until you have come here, processed in, and found a place to live. This is a high cost area and no temporary quarters are available. Also, if your orders assign you to either Fort Eustis or Fort Story and you get off-post housing at either location and your assignment is changed when you process in, it will create a hardship for you because of the 50 miles commuting distance. **YOU ARE REQUIRED TO CONTACT THE HOUSING OFFICE ON-POST BEFORE YOU RENT OFF-POST HOUSING.** Housing offices: Fort Eustis - BLDG 601, (757) 878-2506, Fort Story - BLDG 727, (757) 422-7321.

SCHOOL INFORMATION:

Virginia Beach City Public Schools
2512 George Mason Drive, P.O. Box 6038
Virginia Beach, Virginia 23456-0038
Telephone (757)427-4585

For more information the web link is available in the Education Overview.

The half-day kindergarten operates in morning or afternoon sessions. Children must reach their fifth birthday on or before September 30 to be enrolled. The program is child-centered and activity-oriented, incorporating instructional experiences suitable for each child's maturity and readiness to learn.

If you are enrolling your child into Virginia Beach Public schools for the first time, call (757)427-4320/4326 or visit the website located in the Education Overview.

Parents should bring the following information to the school the child will be attending: child's social security card, a certified birth certificate, a physical examination for entry into elementary school (not required for secondary school), an updated, current immunization record for entry at all levels; a report card or transfer form from school of last attendance, if appropriate; and proof of residence/address. Further information is available from each school or from the Office of Student Health Services/School Nurses at (757)437-7578.

Virginia Beach City Public Schools calendar for 2002-2003:

School	Starts.....03
September 02	
Winter Break.....	23 December 02 - 02
January 03	

Spring Break.....14-18 April
03
School Ends.....13 June
03

Before/After School Programs:

The Virginia Beach Department of Parks and Recreation offers before and after school care for elementary and middle school students. Kid Quest and Middle School Mania are well organized, fun filled and offer a variety of satisfying recreational opportunities for the youth. Each before/after school program is a licensed child day care center held at various elementary and middle schools through out the Virginia Beach school district. Registration is conducted on a first come first serve basis. Parents may call the Community Recreation Services office at (757) 471-5884 to inquire about available space.
See Education Category for additional information

Graduation requirements:

Students must earn the required number of units of credit in effect when that student first entered the ninth grade. There are two types of units of credit that a student may earn:

- * Successfully completing 140 hours of instruction and passing the course

- * A verified unit of credit is earned by passing a course and its related Standards of Learning (SOL) test or approved substitute test.

In the Standard Program; a minimum of six (6) of the 22 credits must be verified credits in specified areas. Students in the Advanced Studies Program must take a foreign language and the higher levels of science and mathematics. Elective options are also provided in both programs to allow students to prepare them for career and further education.

the Modified Standard Diploma is intended for certain students at the secondary level who have a disability and are unlikely to meet the credit requirements for a Standard Diploma. The student must earn 20 units of credit and pass the literacy and mathematical competency assessments to be considered for a Modified Standard Diploma.

Special Education/Exceptional Family Member (EFM):

Special education services support instructional programs for students with disabilities in the division. It is the goal of special education to ensure that each student with a disability has the opportunity to acquire the knowledge, skills, and competencies consistent with his/her potential to achieve. The term "disability" includes autism, mental retardation, hearing impairment and deafness, developmental delay, speech and language impairment, emotional disturbance, orthopedic impairment, other health impairment, deaf and blindness, multiple disabilities, severe and profound disability, specific learning disability, visual impairment and traumatic brain injury. Children identified as having any of these disabilities may be eligible to receive special education and related services tailored to their needs through an Individualized Education Program (IEP). Information on schools with Special Education/Exceptional Family Member programs:

- * Virginia Beach Department of Education
Office of Programs for the Exceptional Child
School Administration building, P.O. Box 6038
Virginia Beach VA 23456
(757)437-4842

- * Chesapeake Department of Special Education
2107 W. Liberty St.
Chesapeake VA 23324
(757)494-4664

- * Portsmouth Department of Special Education
3651 Hartford Street
Portsmouth VA 23439
(757)393-8658

- * Suffolk Department of Special Education
PO Box 1549
Suffolk VA 23439
(757)925-5500

For further information please Army Community Service at (757)422-7311 or visit the Virginia Beach Department in the Education web site, or click on the link in the above right corner.

Must Know Items

--Installation--	
Site Name	Fort Story
Last Updated	December 09, 2002
State/Territory	Virginia
County	Virginia Beach
ZIP Code	23459
Service	USA
Host Command	TRADOC
Physical Size	1451
--Personnel--	
FSC/ACS Director	Curtis Stewart
Relocation Assistance Manager	
Relocation Assistance Specialist	
--Phones--	
DSN Country Code	
DSN Number	438-7311
Commercial Country Code	
Commercial Area Code	(757)
Commercial Number	422-7311
FAX DSN Country Code	
FAX DSN Number	438-7095
FAX Commercial Country Code	
FAX Commercial Area Code	(757)
FAX Commercial Number	422-7095
--Official Mailing Address--	
Street Line 1	Army Community Service
Street Line 2	BLDG 522
City	Fort Story
State/Territory	VA
ZIP Code	23459
--Deliverable Address--	
Street Line 1	Army Community Service
Street Line 2	BLDG 522
City	Fort Story
State/Territory	VA
ZIP Code	23459
E-Mail	SITE4885@EUSTIS-EMH1.ARMY.MIL

Geographically Separated or Satellite Locations

There are no satellite installations to Fort Story.

Nearby Installations (Listed Separately in SITES)

Fort Story has a number of military neighbors.

Nearby Installations (Listed Separately in SITES)

<i>State/Country</i>	<i>Site Name</i>	<i>Service</i>	<i>Distance</i>
Virginia	FCTCLANT Dam Neck	USN	20 miles
Virginia	Fort Eustis	USA	50 miles
Virginia	Fort Monroe	USA	35 miles
Virginia	Langley AFB	USAF	42 miles
Virginia	NAB Little Creek	USN	7 miles
Virginia	NAS Oceana	USN	15 miles
Virginia	NSA Norfolk, Northwest Annex	USN	35 miles
Virginia	Naval Station Norfolk	USN	30 miles
Virginia	Naval Weapons Station Yorktown	USN	56 miles

Regulations

TRAFFIC - The authorized speed limit on Ft. Story is 35 MPH, unless otherwise posted. The speed limit when passing troops in formation is 10 MPH. All persons driving or riding in a vehicle on Ft. Story are required to use seat belts. Virginia State Law requires all children under the age of 4 and under 40 pounds to be in a child restraint in the rear passenger compartment. Children from the age of 4 to 15 years old must be in a safety restraint in accordance with Virginia State Law. When operating or riding a motorcycle, soldiers assigned to Ft. Story are required to wear the following items: fastened helmet with safety shield or goggles; full fingered gloves; long sleeve shirt or jacket; hard sole leather shoes; high visibility reflective vest. Individual runners and joggers must stay on the left edge of the roadway, facing traffic and yield right-of-way to approaching vehicles. Wearing earphones while running or jogging on roadways is prohibited on Ft. Story. Individual runners and joggers must wear reflective vests from 1600 until 0800. Roller skates, in-line skates and skateboards are prohibited on streets and areas with pedestrian traffic, such as the PX or hospital. All terrain vehicles (ATVs), including 3 and 4 wheelers, are prohibited on Ft. Story. Bicycle riders are required to wear helmets and reflective vests.

DRIVING ON BASE - Driving is a privilege that can be taken away if misused. The Virginia motor vehicle law applies on base. Personnel ticketed on base will have to appear in Federal Magistrate Court. Simple things such as driving the speed limit, coming to a full stop where indicated and not getting behind the wheel after drinking will not only save your career, but could save your life.

VEHICLE CHECKS - Vehicle checks are done on a periodic basis.

ACCIDENTS - Vehicle accidents occurring on Ft. Story should be reported immediately to the Military Police (MP). Vehicles and occupants must remain at the scene of the accident until released by the MP, unless injuries require immediate medical attention. To report an accident call (757)422-7141/7142.

For USAREUR transferees - Virginia does not recognize International drivers licenses and license plates. You must have a valid state license. Virginia allows 30 days to transfer tags.

Vehicle Registration (State)

I. INTRODUCTION - The following provides general information about important areas of the Virginia motor vehicle law.

II. VEHICLE REGISTRATION - Whether a vehicle must be registered in Virginia depends on who owns the vehicle and whether the owner is a resident or nonresident. Here are the important definitions: "Domicile" is your state of legal residence; the state you consider to be your home state; the state to which you would return if you left the military today. While there is no single, conclusive test to determine domicile, the following factors are relevant: where you were born and raised; where you are registered to vote; where you hold a driver's license; where you pay personal income taxes; where you own property; and where you have other ties such as professional licenses and membership in various organizations. The Soldiers and Sailors Civil Relief Act (SSCRA) prevents a state from creating a presumption that an active-duty military member becomes domiciled in that state simply because he is stationed there. The member may choose to become a domiciliary of that state, but cannot be forced to - he can retain his old domicile throughout his military career.

Contrary to a popular misconception, however, the SSCRA does not give a military member the unlimited right to choose any state as a new domicile. You could not, for example, become a domiciliary of Texas if you are not stationed there. "Nonresident" means every person not domiciled in Virginia, except those who become residents as described below. "Resident" means every person domiciled in Virginia (and physically living here) plus every other person who meets any of the following tests (Note: these tests do not apply to active-duty members but do apply to family members): (i) Works in Virginia for more than 60 days; (ii) Lives in Virginia for 6 months (except nonresident students); or (iii) Registers a car in Virginia using a Virginia address. "Nonresident student" means every nonresident who is enrolled as a full-time student and who is not gainfully employed.

Virginia law requires all vehicles owned by Virginia residents to be registered in Virginia, with one exception. Follow these rules based on ownership of the vehicle: 1) Owned solely by any person domiciled in Virginia (regardless of military status): Must register in Virginia. 2) Owned jointly and one or both owners are domiciled in Virginia (regardless of military status): Must register in Virginia. 3) Owned solely by a civilian who is not domiciled in Virginia (regardless of spouse's or sponsor's domicile): Must register in Virginia within 30 days of becoming a Virginia resident (see definition above). 4) Owned jointly by a military member not domiciled in Virginia and a civilian not domiciled in Virginia: Follow rule 3. Treat the vehicle as if owned solely by the civilian. 5) Owned solely by a military member who is not a Virginia domiciliary: Must register in either Virginia or the state of domicile. Retaining a registration from a third state--for example, where you were last stationed--is not allowed.

III. DRIVER'S LICENSES - Active duty military members, their spouses and dependent children 16 years or older do not need a Virginia driver's license, provided they have a valid driver's license from the state in which the vehicle is registered. Members and their family members may get a Virginia driver's license without affecting their domicile. If for any reason your driver's license is suspended, revoked, or expired, you can no longer drive in Virginia. Your status as a military member or dependent will not protect you.

IV. PERSONAL PROPERTY TAXES - Vehicles registered in Virginia are subject to a personal property tax. The only exception is for a vehicle

registered solely in the name of an active-duty member who is not domiciled in Virginia. A vehicle registered in the names of a husband and wife, where one spouse is a civilian, is subject to taxation, regardless of either spouse's domicile. Some military members choose to avoid the tax by removing the spouse's name from the title. This is done by having the civilian spouse sign over his or her ownership interest on the original title and applying for a new title and registration at the Department of Motor Vehicles. (If the vehicle has a lien against it because of a loan, you may have to get the original certificate of title from the bank.) Note, however, that removing one spouse's name from the title gives sole ownership to the other spouse. This can affect the ability to transfer title if the member dies, and may impact the disposition of the vehicle in a divorce. The tax rate varies depending upon the location, but is currently about \$4.00 tax for every \$100 assessed valuation (which may be less than market value). Thus, a vehicle assessed at \$10,000 would cost \$400 in tax this year. Sales tax (sometimes called "use tax") on vehicles imported from overseas must be paid at the time of registration. A vehicle purchased "tax free" overseas is not exempt from sales tax in the U.S.

V. SAFETY INSPECTIONS - All personnel assigned to Fort Story who operate a privately owned vehicle must have a valid safety inspection sticker, in order to register the vehicle on Fort Story is regardless of what state the vehicle is registered in.

VI. CITY DECALS - The City of Virginia Beach requires that a decal be displayed on the front windshield of your vehicle(s) next to the Virginia state inspection sticker, or behind the rear view mirror below the tinted area. Virginia Beach police will ticket all vehicles located in Virginia Beach which do not display a valid Virginia Beach decal or other valid decal. This policy is for those automobiles registered in the state of Virginia, and pertains to those who live on post or in the City of Virginia Beach. There is no cost to active duty military members.

VIII. OTHER SELECTED LAWS - (1) All drivers and front seat passengers must wear seat belts; (2) Any child under 4 years old must be in a child safety seat; (3) Pedestrians crossing the street have the right of way; (4) Lights are to be on from sunset to sunrise and anytime that weather conditions are such that you cannot clearly see 500 feet ahead; (5) Dark tinting of windows is illegal; (6) Radar detectors are illegal; (7) Driving 20+ m.p.h. over the speed limit or over 80 m.p.h. is reckless driving, making a court appearance mandatory; (8) Right turns on red, after stop, are

permitted; (9) Wearing of radio headsets while driving is illegal, if both ears are covered; (10) Left lanes on highways are for passing only, not for regular driving.

Name: Drivers License (State)
POC: Department of Motor Vehicles
Address: 229 Mustang Trail
City: Virginia Beach, VA
Phone: (757) 461-1919
Comments: Hours - Monday - Friday 0900 - 1800 To obtain a VA driver's license when you have another state's license, you only need to take a vision test. If you do not have a license you must take the complete test (written, vision, and road).

Name: Vehicle Registration
POC: Military Police Station
Address: BLDG 704
City: Fort Story, VA
Phone: (757) 422-7141
Comments: Hours - Monday - Friday 0800 - 1600 To register your vehicle in VA, you must have the title or a bill of sale. USA plates from Europe and other countries are good for 30 days after the shipment pick up date. To obtain a post decal you must register your vehicle at the MP station.

Commonly Referenced Numbers

The Fort Story Military Personnel Office, (located in BLDG 564, (757) 422-7033) provides the following services: ID Cards, Reassignments, DD Forms 295, Issue of Dog Tags, Passport Photos, Statements of Service, Updates for all DA 201 files.

Commonly Referenced Numbers

<i>Name</i>	<i>Commercial</i>	<i>DSN</i>
Army Community Service	(757) 422-7311	438-7311
Army Emergency Relief	(757) 422-7311	438-7311
Barber Shop	(757) 425-0001	
Cape Henry Inn - Hotel	(757) 422-8818	438-8818
Chaplain	(757) 422-7665	438-7665
Child Development Services	(757) 422-7693	438-7693
Convenience Stores	(757) 425-0001	
Credit Union	(757) 422-7874	438-7874
Exchange	(757) 425-0001	
Family Advocacy Program	(757) 422-7311	438-7311
Family Services Program	(757) 422-7311	438-7311
Finance Office	(757) 422-7514	438-7514
Fort Story Club	(757) 425-6631	
Health Clinic	(757) 422-7851	438-7851
Housing Office	(757) 422-7321	438-7321
Morale, Welfare, & Recreation	(757) 422-7472	438-7472
Officer of the Day	(757) 422-7454	438-7454
Red Cross	(757) 464-7581	
Transportation Mgt/Travel	(757) 422-7712	438-7712

Major Unit Listing

Fort Story is a TRADOC installation.

Major Unit Listing

<i>Unit</i>	<i>Command</i>	<i>Point of Contact</i>	<i>Commercial</i>	<i>DSN</i>	<i>Fax</i>
11th Transportation Battalion	7th Group Transportation (Fort Eustis)	S1/ADJ	(757) 422-7285	438-7285	
Headquarters Fort Story		ADJ	(757) 422-7102	438-7102	

Transportation

The primary means of transportation for persons assigned to Fort Story is privately owned vehicle. Tidewater Regional Transit (TRT), the agency that provides public transportation in this area, also schedules buses through the installation for those who rely on public transportation. The buses come from Norfolk to Virginia Beach.

There is no transportation for traveling within the installation such as Taxi's or shuttle buses.

Commissary and Exchange Operations

Name: Commissary
Address: BLDG 3445 on Little Creek NAB
City: Little Creek, VA
Phone: (757) 464-3562
Comments: Little Creek NAB is approximately 7 miles from Fort Story. The Commissary, built in 1993, is one of the largest in the world. Delicatessen, bakery, flower shop, seafood counter, etc. Closed on Wednesdays, the hours vary Sunday - Tuesday, Thursday - Saturday.

Name: Fort Story Mini-Mall
Address: BLDG 593
City: Fort Story, VA
Phone: (757) 425-0001
Comments: The Fort Story Mini Mall, Dry Cleaner, Barber Shop, Military Clothing & Sales, Gas Station, Class Six and Tailor Shop are all co-located in BLDG 593.

Local Community

Local Community Overview

For more information on this subject:
<http://www.hamptonroads.digitalcity.com>

Welcome to Hampton Roads. This is the country's 27th largest metropolitan area, with over 1.5 million people. The term Hampton Roads refers not to one central city, but a region comprised of nine cities and three counties. Those on the "Peninsula" north of the James River are Williamsburg, Poquoson, Hampton, Newport News, James City County, York County, and Gloucester County. Those on the "Southside" are Virginia Beach, Norfolk, Portsmouth, Chesapeake, and Suffolk. To confuse things further, the region is often referred to as the Tidewater area.

Fort Story is located between Virginia Beach, Virginia, and First Landing Seashore State Park. All three are on the Atlantic Ocean and Chesapeake Bay. Virginia Beach is a world-renowned resort city and First Landing Seashore Park is a popular campground operated by the Virginia State Department of Parks and Recreation.

Virginia Beach is the largest city in Virginia and one of the fastest growing cities in the nation. The city lays claim to 26 miles of Atlantic Ocean and Chesapeake Bay beaches. Virginia Beach, being a resort city, has a boardwalk along the Atlantic Ocean lined with first-class hotels. It also has numerous bars, night clubs and tourist souvenir shops. Virginia Beach is not only a resort area. It has many neighborhoods and communities that are not located near the waterfront. Each community has its own character and most have large shopping centers and malls nearby. The majority of the families assigned to Fort Story live in the Virginia Beach community. Virginia Beach is a high cost area. Rent for houses and apartments is high.

Other cities located near Fort Story are Norfolk, Suffolk, Portsmouth and Chesapeake. Rent in these areas is less than Virginia Beach, but they are still high.

Time Zone Chart

Fort Story is part of the Eastern Time Zone.

Time Zone Chart

<i>Location</i>	<i>Adjustment for GMT</i>
Pacific	-8
Mountain	-7
Central	-6
Eastern	-5
Greenwich (United Kingdom)	0
Central European (Germany)	1
East Asia (Japan)	9

Climate

Hampton Roads has a temperate climate and enjoys all four seasons. The winters are mild, springs and

summers are especially pleasant, however the summers can be quite warm, humid and long.

Climate

<i>Month</i>	<i>High</i>	<i>Low</i>	<i>Humidity</i>	<i>Precipitation</i>
January	48.8	32.2		3.72
February	50.0	32.7		3.28
March	57.3	38.9		3.86
April	67.7	47.9		2.87
May	76.2	57.2		3.75
June	83.5	65.5		3.45
July	86.6	69.9		5.15
August	95.0	68.9		5.33
September	79.6	63.9		4.35
October	70.1	53.3		3.41
November	60.5	42.6		2.88
December	50.6	34.0		3.17

Events Calendar

The Virginia Beach area is a great place to live with plenty to do all year round.

Throughout the year and throughout the region, you will find exciting events and festivals offering fun for all.

Name: International Azalea Festival (April)
City: Norfolk, VA
Phone: (757) 622-2312
Comments: A five day celebration honoring NATO's Supreme Allied Command Atlantic. The festival features a parade of over 100 floats, bands and specialty units. An Azalea Queen is crowned and there are visiting ships from NATO countries, fashion shows, a ball and a spectacular air show.

Name: Chesapeake Jubilee (May)
City: Chesapeake, VA
Phone: (757) 484-4848
Comments: Three day festival featuring an array of food, games, rides, entertainment, educational exhibits, and a terrific fireworks display.

Name: Pungo Strawberry Festival (May)
City: Virginia Beach, VA
Phone: (757) 721-6001
Comments: Two days of celebration offering participants a reflection of yesterday...buggy rides, a parade, a country atmosphere and home-cooked foods, much of it using the flavored guests...Pungo strawberries. Pungo is at the heart of the VA Beach farming community.

Name: Harborfest (June)
City: Norfolk, VA
Phone: (757) 627-5329
Comments: An annual three day waterfront extravaganza celebrating Norfolk's maritime heritage. Tall ships from around the world, sailboat races and water demonstrations, air shows, nationally renowned entertainment, a volleyball tournament, a 10K foot race, fireworks over the harbor and a wide assortment of seafood, bring several thousands of residents and visitors. The festival held the first full weekend in June, is free and open to the public.

Name: Portsmouth Seawall Festival
City: Portsmouth, VA
Phone: (757) 393-9933
Comments: A family festival featuring golden oldies and beach music, a Children's Park and Kiddie Carnival, plus a craft show, exhibits and plenty of festival food. Always held the first weekend in June simultaneously with Harborfest.

Name: Neptune Festival (September)
City: Virginia Beach, VA
Phone: (757) 489-0215
Comments: A festival fit for a King. Several days of family-oriented events make the Neptune Festival VA Beach's premier festival. Activities include a parade, Sand Castle Classic, the nationally ranked Sandman Triathlon, art show and tons of fresh seafood served along the oceanfront.

Name: Festevents
City: Norfolk, VA
Phone: (757) 441-2345
Comments: Official event planner for the city of Norfolk providing more than 150 events including concerts, movies, & weekend festivals.

Cultural Attractions

Name: The MacArthur Memorial
Address: MacArthur Square, Bank Street & City Hall
City: Norfolk, VA
Phone: (757) 441-2965
Comments: The final resting place for General Douglas MacArthur, located in downtown Norfolk's restored 1850 city hall, the memorial complex contains a museum, theater and special exhibit galleries, gift shop and archives. Exhibitions trace United States history and the life and military career of General Douglas MacArthur. Original material artifacts, photographs, documents, paintings, and the General's personal memorabilia are displayed. Admission is free.

Name: Nauticus, The National Maritime Center
Address: One Waterside Drive
City: Norfolk, VA
Phone: (757) 664-1000
Comments: Open year round, this high-tech museum/science center/aquarium offers excitement, entertainment, and education for the entire family.

Name: Childrens Museum of Virginia
Address: 221 High Street
City: Portsmouth, VA
Phone: (757) 393-8393
Comments: Museum dedicated to children and how they learn by doing. Interactive exhibits enhance cultural, educational and recreational development of children. For children of all ages.

Name: Virginia Sports Hall of Fame
Address: 420 High Street
City: Portsmouth, VA
Phone: (757) 393-8031
Comments: Sports artifacts and memorabilia from Virginia Superstars dating back to 1918. Free Admission.

Name: Life Saving Museum of Virginia
Address: 24th Street on Oceanfront
City: Virginia Beach, VA
Phone: (757) 422-1587
Comments: The museum depicts the history of the United States Life-Saving and Coast Guard services and shipwrecks off the Virginia Coast.

Name: Virginia Marine Science Museum
Address: 717 General Booth Boulevard
City: Virginia Beach, VA
Phone: (757) 425-FISH

Name: Virginia Air & Space Museum
Address: 600 Settlers Landing Road
City: Hampton, VA
Phone: (757) 727-0900

Name: War Memorial Museum of Virginia
Address: 9285 Warwick Blvd
City: Newport News, VA
Phone: (757) 247-8523

Name: Colonial Williamsburg
City: Williamsburg, VA
Phone: (757) 229-1000
Comments: World famous 18th century restored colonial capital for the Virginia colony.

Name: The Chrysler Museum of Art
Address: 245 West Olney Road
City: Norfolk, VA
Phone: (757) 622-ARTS

Name: The Virginia Opera
City: Norfolk, VA
Phone: (757) 627-9545

Recreation Opportunities

Name: Backbay National Wildlife Refuge
City: Virginia Beach, VA
Phone: (757) 721-2412
Comments: Covers 7,800 acres of beach, dunes, forests, fields and marsh, providing habitat for migratory birds.

Name: Dismal Swamp
Phone: (757) 421-7401
Comments: Southeastern Virginia / Northern North Carolina 200,000 acres of unspoiled peat beds, vine and briar thickets, pines and hardwoods, cedars and cypress, canebrakes and canals, and the deserted Lake Drummond.

Name: First Landing/Seashore State Park
Address: 64th Street or at Shore Drive
City: Virginia Beach, VA
Phone: (757) 481-2131
Comments: 20 miles of hiking and biking trails through 2,770 acres of woodlands and beach. Campground and cabins open April - December.

Name: Fun Forest
Address: 500 Greenbrier Parkway
City: Chesapeake, VA
Phone: (757) 547-6411
Comments: A play area for children located on a three-acre parcel of Chesapeake City Park. It has bridges, slides, a fort, a pirate ship, and a doll house. It's handicapped accessible and is labeled in braille for the blind.

Name: Mount Trashmore Park
City: Virginia Beach, VA
Phone: (757) 473-5251
Comments: Offers a skateboard ramp, picnic areas, fishing, several conventional playgrounds and a 25,000 foot interconnecting playground known as "Kids Cove".

Name: Norfolk Botanical Garden
Address: Azalea Garden Road
City: Norfolk, VA
Phone: (757) 640-6879
Comments: One of the largest collections of flowers on the east coast. Nation's only botanical garden offering canal boat and train tours.

Name: Town Point Park
Address: Adjacent to Waterside
City: Norfolk, VA
Phone: (757) 441-2345
Comments: Overlooking the Elizabeth River and adjacent to Waterside, Town Point Park serves as host to tall ships and their crews. Unique events held there all year.

Name: Ocean Breeze Fun Park
Address: 1049 General Booth Blvd
City: Virginia Beach, VA
Phone: (757) 425-1080
Comments: A water park with lots of family fun.

Name: Water Country USA
City: Williamsburg, VA
Phone: (757) 229-9300
Proximity to site: 55 miles
Comments: Virginia's largest water-theme park featuring water slides and rides for people of all ages, children's play attractions and splashy entertainment. Situated on 40 acres of beautiful woodlands, three miles west of Busch Gardens.

Name: Waterside
City: Norfolk, VA
Phone: (757) 627-3300
Comments: Festival Marketplace on the city's revitalized waterfront, with more than 100 shops, pushcarts, kiosks, nightclubs, and restaurants on two levels. Harbor Cruises & Ferries take off from dockside.

Name: Busch Gardens
Address: Route 60
City: Williamsburg, VA
Phone: (757) 253-3350
Proximity to site: 55 miles
Comments: 360 acre wooded theme park recreates life in England, Scotland, Germany, France and Italy. Plenty of rides and entertainment.

Military Related and Civic Organizations

Name: American Legion
Address: 4610 Colley Avenue
City: Norfolk, VA
Phone: (757) 489-8647

Name: Veterans of Foreign Wars
Address: 112 East Mellen Street
City: Hampton, VA
Phone: (757) 723-2667

Shopping

There are eight large malls in the Hampton Roads area. Mayor stores consist of JC Penny, Hechts, Belk, Uptons, & Montgomery Ward. Please see the yellow pages for phone numbers and addresses.

Name: Lynnhaven Mall
Address: Lynnhaven Parkway
City: Virginia Beach, VA
Phone: (757) 340-9340

Name: Pembroke Mall
Address: Virginia Beach Blvd
City: Virginia Beach, VA
Phone: (757) 497-6255

State and Community Social Service Agencies

Name: Department of Social Services
City: Virginia Beach, VA
Phone: (757) 437-3200

Name: Department of Social Services
POC: Virginia State Hotline
Phone: 1-800-552-3431

Non-Profit Social Service Agencies

Name: Information Center for Hampton Roads Private Agencies
Phone: (757) 625-4543

Religious Activities

All major denominations are represented in the Hampton Roads area. Check the local listing for phone numbers and addresses.

Community Transportation

There are numerous cab companies that serve the areas around Fort Story. Check the local listings for more information.

Name: Norfolk International Airport
Address: Norview Ave
City: Norfolk, VA
Phone: (757) 857-3351

Name: Newport News / Williamsburg Airport
Address: Bland Blvd
City: Newport News, VA
Phone: (757) 877-0924

Name: AMTRAK
Phone: (757) 422-0444

Name: TRT - Tidewater Regional Transit
POC: Bus Service
Phone: (757) 640-6300

Education

Education Overview

For more information on this subject:
<http://www.hamptonroads.digitalcity.com>

No matter where you live in Hampton Roads, you will find superior schools and specialty programs to serve you. Whether you are looking for an elementary, intermediate/middle, high school, special education center or college/university, you are sure to find what's right for your family. Additionally, private schools, private pre-schools and kindergarten facilities throughout the region provide parents with abundant educational choices.

There are many means of obtaining an education in the Hampton Roads area. The public schools for children on post are the Virginia Beach Public Schools.

Name: Education Center
Address: BLDG 591
City: Fort Story, VA
Phone: (757) 422-7152
Comments: Call for information on what the Education Center offers the military community.

Name: Virginia Beach City Public Schools
Address: 2512 George Mason Dr.
City: Virginia Beach, VA 23456
Phone: (757) 427-4585
WWW Link: http://www.vbschools.com

Name: Virginia Beach Parks and Recreation
Address: 2289 Lynnhaven Parkway
City: Virginia Beach, VA 23456
Phone: (757) 471-5884
WWW Link: http://www.vbgov.com/
Comments: Contact for further information on the Before and After Schools programs through out the Virginia Beach school district

Public and DODDS Schools

For more information on this subject:

<http://www.hamptonroads.digitalcity.com>

There are no DODDS schools on Fort Story. Virginia Beach Public Schools service the children on Fort Story.

To enter students in Public Schools parents must provide: 1. Academic transcripts from previous schools 2. *Up-to-date health and vaccination records/statements 3. Birth certificates 4. Proof of residency

*Children must have had a complete physical examination within the past twelve months.

A recommended first step is to contact the appropriate school administration office. School representatives can provide specific details about what school a child will attend and what records are needed.

Name: Virginia Beach Public School System
Address: P.O. Box 6038
City: Virginia Beach, VA 23456
Phone: (757) 427-4320/4326

Name: Chesapeake Public School System
Address: 300 Cedar Road
City: Chesapeake, VA 23320
Phone: (757) 547-0153

Name: Norfolk Public School System
Address: 800 E. City Hall Ave
City: Norfolk, VA 23501
Phone: (757) 441-2237

Name: Portsmouth Public School System
Address: 801 Crawford Street
City: Portsmouth, VA 23704
Phone: (757) 393-8751

Name: Suffolk Public School System
Address: 524 N. Main Street
City: Suffolk, VA 23434
Phone: (757) 925-5500

Private Schools

Many private schools operate excellent facilities and programs in Hampton Roads. For a brochure listing the ten primary and secondary schools accredited by the Virginia Association of Independent Schools, contact the Chamber of Commerce at (757) 622-2312.

Name: Virginia Department of Education
Address: 101 N. 14th Street
City: Richmond, VA 23219
Phone: (804) 225-2094
Comments: For further information call or write the above.

Colleges and Universities

There are numerous Colleges and Universities in the Hampton Roads area. Check the yellow pages for information, addresses and phone numbers.

Adult or Continuing Education

Many of the public school systems offer adult education classes on many different subject matters. Call the public school systems to see what they can offer you.

The Army Education Center may have the answers for soldiers and family members that would like to continue their education.

Name: Army Education Center
Address: BLDG 591
City: Fort Story, VA
Phone: (757) 422-7152

Special Education

For information and referral about Special Education, please contact:

Name: Army Community Service
City: Fort Story, VA
Phone: (757) 422-7311

Name: Chesapeake Department of Special Education
Address: 2107 W. Liberty Street
City: Chesapeake, VA 23324
Phone: (757) 494-4664

Name: Portsmouth Department of Special Education
Address: 3651 Hartford Street
City: Portsmouth, VA 23707
Phone: (757) 393-8658

Name: Suffolk Department of Special Education
Address: PO Box 1549
City: Suffolk, VA 23439
Phone: (757) 925-5500

Name: Virginia Beach Department of Education
POC: Office of Programs for the Exceptional Child
Address: School Administration BLDG, PO Box 6038
City: Virginia Beach, VA 23456

Employment

Employment Overview

For more information on this subject:
<http://www.hamptonroads.digitalcity.com>

The Hampton Roads area has benefited from significant economic growth over the past decade. We have seen the location of many new industries which have both diversified the local economy but more importantly provided a significant amount of job opportunities for the local population as well.

The majority of employment opportunities for family members in the Hampton Roads area are computer related jobs, clerical work, and medical and sales professionals. Colleges and Universities are categorized as good employment prospects and mid-management positions are scarce.

The area is heavily populated by military communities representing all branches of service. There are jobs, but the employment market is very competitive and salaries are low.

Appropriated fund and Non-appropriated fund jobs, along with Government Service jobs at Fort Story are scarce due to the downsizing of the government and the rise of contracting.

Family members who are unable to find immediate employment are encouraged to volunteer their skills with one of the many installation agencies who utilize volunteers, i.e. Army Community Service, Red Cross, Youth Services, Child Development Services, and Army Family Team Building.

For job hunting purposes, be sure to hand carry the following when you move; all employment records and information, resumes, college transcripts, certificates, licenses, and government employment applications (SF-171s and SF-50s), if applicable.

Federal Civilian Employment for Spouses

Spouse Employment Preference for Appropriated Fund positions is afforded only the DOD Priority Placement Program. In order to be eligible, the spouse must already be serving on an accepted appointment at the time the orders are issued. The spouse must be placed on leave without pay or be separated from their appointment due to their PCS in order to receive spouse preference priority placement consideration.

Spouse employment preference is not working well due to downsizing of the government and the DoD hiring freeze. Contact the Human Resource Office in Norfolk for more information and help with finding government employment.

Name: Office of Personnel Management
POC: Human Resource Office
Address: Federal Bldg, Granby Street
City: Norfolk, VA 23511
Phone: (757) 441-3355

Permanent Employment Resources

Resources for employment vary. Located on most military installations in the area are Civilian Personnel Offices for help with government employment. The Virginia Employment Commission has listings of local jobs, as well as city, state, and government opportunities.

The library on Fort Story offers a Career Center and you can check out some good job hunting resources. Call 422-7525 for information.

Other military bases in the area offer Family Member Employment Assistance Programs to help with the job hunting process i.e. Little Creek Naval Base, Norfolk Naval Base.

Name: Virginia Employment Commission
Address: Lynnhaven Parkway & Viking Drive
City: Virginia Beach, VA
Phone: (757) 431-4978

Name: Virginia Beach City & Employment Office
Address: Municipal Center BLDG 18
City: Virginia Beach, VA 23456
Phone: (757) 427-4157

Name: Chesapeake City Employment Office
Phone: (757) 441-2584

Name: Norfolk City Employment Office
Phone: (757) 664-4473

Name: Portsmouth City Employment Office
Phone: (757) 396-6863

Temporary Employment Resources

There are many temporary agencies located in Virginia Beach and throughout the Hampton Roads area. For more information, addresses and phone numbers, consult the yellow pages.

Non-Paid or Volunteer Opportunities

Family members who are unable to find immediate employment are encouraged to volunteer their skills with one of the many installation agencies who utilize volunteers, i.e. Army Community Service, Youth Services, Child Development Services, Chapel Programs, Red Cross and Army Family Team Building to name a few.

Chambers of Commerce

Name: Chamber of Commerce
Address: 420 Bank Street
City: Norfolk, VA 23521
Phone: (757) 622-2312

Private Sector Employment

There are many private sector employers in the Hampton Roads area. For more information, addresses, and phone numbers consult the yellow pages or visit with the Virginia Employment Commission.

Other military bases in the area offer Family Member Employment Assistance Programs to help with the job hunting process i.e. Little Creek Naval Base, Norfolk Naval Base.

Name: Virginia Employment Commission
Address: Lynnhaven Parkway & Viking Drive
City: Virginia Beach, VA 23456
Phone: (757) 431-4978

Name: Little Creek Naval Base
POC: Family Member Employment Program
Address: 1450 D Street, BLDG 3129
City: Little Creek NAB, Norfolk, VA 23521
Phone: (757) 464-7563
Comments: Call for information or an appointment.

Government Employment

Name: Human Resources Office
POC: US Government
Address: HRO, Code 20, 487 East C. Street
City: Norfolk, VA 23411-3997
Phone: (757) 444-7541

Name: Office of Personnel Management
Address: 200 Granby Street
City: Norfolk, VA 23510
Phone: (757) 441-3355

Professional or Occupational Licensing

Name: Department of Commerce, Enforcement Division
Address: Commonwealth of Virginia, 3600 West Broad Street
City: Richmond, VA 23230-4917
Phone: (804) 367-8500
Comments: The Department of Commerce issues licenses and is responsible for disciplining most of the businesses and occupations that the Virginia General Assembly has determined to be regulated in order for public safety, health, and welfare to be protected. Businesses and occupations regulated by the department include: Accountant, (CPA) Accountants, Architects, Asbestos Related Occupations, Auctioneers, Barbers, Branch Pilots, Boxers, Child Care Providers, Contractors, Cosmetologists, Employment Counselors & Agencies, Professional Engineers, Geologists, Harbor Pilots, Hearing Aid Dealers, & Polygraph Examiners, Private Security Services, Real Estate Agents, Real Estate Appraisers, Real Estate Brokers, Soil Scientists, Sports Agents, Land Surveyors, Waste Management Facility Operators, Water & Wastewater Works Operators, and Wrestlers.

Name: Board of Medicine
POC: Division of Licensure and Certification
Address: VA Department of Health, 109 Governors Street
City: Richmond, VA 23219
Phone: (804) 786-2082
Comments: This department does the licensing and certification for many professions in the medical field.

Name: Virginia Board of Dentistry
POC: Department of Health Professions
Address: 1601 Rolling Hills Drive
City: Richmond, VA 23229

Name: Department of Education
POC: Teacher Certification
Address: PO Box 6Q
City: Richmond, VA 23516
Phone: (804) 225-2020

Networking Opportunities

The military spouse, who is seeking to develop a personal career must tackle the problems imposed by frequent moves. Networking before you move as well as after you arrive can sometimes be the key to a successful job search.

Tips: *Get involved with post agencies. Take Army Family Team Building Classes to familiarize yourself with community resources. *During the time when you are looking for work - VOLUNTEER!!! It's a great way to demonstrate your abilities and it is rewarding. It also looks great on a resume! *Check to see if your present employer has a facility in the local area. A transfer may be possible. *Talk about your move to friends, relatives or co-workers. They may have some ideas that can help. *Contact the local Chamber of Commerce or yellow pages for local business listings.

Medical And Dental

Medical and Dental Overview

Active duty service members on Fort Story have priority for medical and dental care at the medical and dental clinics. Other authorized beneficiaries may only receive medical and dental care off post through TRICARE/CHAMPUS programs. Beneficiaries who are CHAMPUS eligible may enroll into TRICARE Prime or elect to use TRICARE Standard or TRICARE Extra at their

discretion. For CHAMPUS-eligible beneficiaries who opt not to enroll into TRICARE Prime, space available appointments may be available for family members and retirees. For more information on how to enroll into TRICARE contact the TRICARE Service Center at (757) 677-6000.

In an emergency, all callers should immediately dial '911' for immediate assistance.

If a medical situation is not an emergency, but may require urgent medical attention, callers may call the Nurse-On-Call medical advice telephone system at 468-1871(local) or by calling 1-800-434-8997 if out of the area.

All patients who present to the Urgent Care Center at any TRICARE center will be assessed with respect to their medical condition by the Head nurse or physician. Based on the medical assessment, each patient is assigned a priority level of care. Patients will be seen in a manner consistent with the priority level of care assigned to their medical situation.

The Dental Command (DENTAC) mission is to serve Active Duty soldiers only. Family members must be enrolled in the United Concordia Dental Plan. This Dental Plan provides insurance coverage for family members who must see civilian dentists.

Medical Services/Directory - on Installation

This is a TRICARE region so Fort Story has most medical services available. (Cross Reference - Category - At A Glance, Medical & Dental Services)

TRICARE beneficiaries (family members, retirees etc.) receive health care off post at many area locations. Remember you have to enroll into TRICARE Prime, if you do not enroll you are automatically covered under TRICARE Standard (CHAMPUS) and will have to pay deductibles and co-payments.

For Active Duty on Fort Story call the Fort Story Clinic at (757) 422-7851 for an appointment.

EMS/FIRE/POLICE (757) 422-7141/7142 on post or call "911"

Poison Control 1-800-552-6337

Health Benefits Advisor, Wellness, and CHAMPUS/TRICARE Programs

TRICARE

At the heart of our operation lies TRICARE, the military's new approach to managed care. TRICARE has three different healthcare plans designed to offer you improved access to care, quality care, and cost-savings. TRICARE brings all the critical health care elements in the Hampton Roads area together. The three military hospitals in the area have shared their resources to effectively manage both military and civilian health care for active duty and retired members and their families.

Active duty members always receive care in a military hospital or clinic. Family members and retirees who are CHAMPUS eligible have options for care within the TRICARE Program. TRICARE has three options for how non-active duty members can receive care.

The three TRICARE options vary in their freedom of choice and out of pocket costs. The more choice you have about who you can see, as with TRICARE STANDARD, the greater your own expense. Managed care options, such as TRICARE EXTRA and TRICARE PRIME, reduce your choice of providers, but they also lower your costs.

TRICARE STANDARD is regular CHAMPUS. It provides the most freedom in your choice of CHAMPUS approved civilian providers. You must meet an annual deductible and pay cost share percentage of the CHAMPUS allowable charges. You may also have to pay the bill yourself and then file the CHAMPUS claim for reimbursement minus your co-payment and/or deductible amount. If you see a provider who does not participate in CHAMPUS, you must pay the entire bill and file a CHAMPUS claim for reimbursement.

TRICARE EXTRA is the Preferred Provider Organization-like (PPO) network of civilian providers that includes over 1,200 health care professionals and 19 hospitals in the Hampton Roads area. When you use an EXTRA provider, your cost share will be reduced and there is no paperwork or filing required. The providers in the network file all your CHAMPUS claims and agree to charge no more than what CHAMPUS will cover for a particular visit or treatment.

TRICARE PRIME resembles civilian Health Maintenance Organizations (HMOs) and covers all

the health care benefits included in TRICARE Standard or Extra, plus preventative and primary care services. YOU ENROLL INTO TRICARE PRIME and agree to have all your health care managed by a primary care manager or team of providers in your military hospital. Your primary care manager will provide or coordinate all of your health care services, maintain your health records and send you to be admitted to a hospital when necessary. With PRIME, there are no cost shares or annual deductible to pay for active duty family members.

Enrollment into TRICARE PRIME is voluntary and must be requested through completion of an application. If you are interested in enrolling in TRICARE PRIME, or using TRICARE STANDARD or EXTRA, or want information regarding these programs call the TRICARE Service Center at (757) 677-6000 and speak with one of our Health Benefits Advisors.

The locations you can receive information on enrollment and/or care are: Boone Clinic, Little Creek Naval Base, VA Naval Medical Center, Portsmouth, VA Norfolk Naval Base, VA Oceana Naval Air Station, VA US Coast Guard Center, Portsmouth, VA

Name: TRICARE Service Center
Phone: (757) 677-6000 or 1-800-434-8997

Name: Boone Clinic
POC: Little Creek Naval Base
Address: 1035 Nider Blvd, Suite 100
City: Norfolk, VA
Phone: (757) 314-7300

Name: Norfolk - TRICARE Prime
Address: 4031 East Little Creek Road
City: Norfolk, VA
Phone: (757) 583-3248

Name: Naval Medical Center Portsmouth
Address: 620 John Paul Jones Circle
City: Portsmouth, VA
Phone: (757) 398-5000

Name: Oceana - TRICARE Prime
POC: Naval Air Station
Address: Branch Medical Clinic
City: Virginia Beach, VA
Phone: (757) 314-7000

Name: USCG Support Center - TRICARE Prime
Address: 4000 Coast Guard Blvd
City: Portsmouth, VA

Community Hospitals

Name: Virginia Beach General
Address: First Colonial Road
City: VA Beach, VA
Phone: (757) 481-8383

Name: Sentara Norfolk General
Address: Gresham Drive
City: Norfolk, VA
Phone: (757) 628-3201

Name: Children's Hospital of the Kings Daughter
Address: Children's Lane
City: Norfolk, VA
Phone: (757) 628-7120

Dental Services/Directory - on Installation

Dental Services on post are for Active Duty military only. Family members receive dental care on the outside by civilian dentists. (Cross Reference - Category - At A Glance, Medical & Dental Services)

Make sure you enroll in the Dental Plan for insurance to cover the cost and be sure a dentist you see takes the Military Dental Insurance Plan - United Concordia.

Dental Services/Directory - on Installation

<i>Clinic</i>	<i>POC</i>	<i>Number</i>
Dental Clinic		(757) 422-7077

Family Member Dental Plan

The Uniform Services Active Duty Family Member Dental Plan covers the cost of basic dental care for family members (spouses and children) of active duty

members of all seven Uniform Services. The Family Member Dental Plan is a voluntary program for active duty spouses and children living in the United States, Guam, Puerto Rico, or the U.S. Virgin Islands. The sponsor must go to the personnel office

at his/her installation to enroll. Once enrolled, family members remain in the program for a minimum of 24 months unless: (1) The family is transferred overseas or to a CONUS duty station where dental care is provided to family members by the military treatment facility. (2) Enrolled family members become entitled to other dental coverage. Coverage begins the first of the month following the sponsor's payroll deduction as shown on the Leave and Earnings Statement (LES). Remember, family members must be enrolled, they are not a priority to the dental clinics on post. There is a small payroll deduction. The dental clinic has a list of providers off post that family members can use for dental services. For more information on the contract with the insurance provider or if you have any questions contact the dental clinic at (757) 422-7077 or call United Concordia Customer Service at 1-800-866-8499.

The TRICARE Family Member Dental Plan (TFMDP) is a comprehensive and affordable dental plan available to eligible spouses and children of active duty Uniformed Service members. The TFMDP has cost shares, benefit maximums and coverage limitations similar to typical group dental insurance plans. To be eligible for TFMDP enrollment, sponsors must intend to remain on active duty for at least 24 months and this commitment must be confirmed by their parent Uniformed Service. Enrollment and/or changes to enrollment can be accomplished by filling out a DD Form 2494 or 2494-1 at the sponsor's servicing personnel office. Please read these forms carefully as they provide detailed information on enrollment options, limitations and when TFMDP coverage begins. Upon enrollment, the sponsor must pay the monthly premium through their Uniformed Services payroll account - the Government pays 60% of monthly premiums. Before providing care to family members, some dental providers may ask to see a copy of the sponsor's Leave and Earnings Statement showing the dental plan payroll deduction. Coverage is worldwide and portable between assignments. United Concordia Companies, Inc. (UCCI) administers the TFMDP. Detailed TFMDP coverage and enrollment information can be found in the TFMDP benefit booklet. For more information about the program, visit UCCI's web site or contact them at 1-800-866-8499 for information on the TFMDP in the United States, Canada, Guam, Puerto Rico and the U.S. Virgin Islands, or 1-717-975-5017 (toll call) for information on the TFMDP in all other locations. In overseas locations, enrolled sponsors and family members must contact their servicing overseas dental

treatment facility and/or Overseas Lead Agent before seeking treatment from host-nation dental providers, except for emergency care.

Name: Dental Clinic
Address: BLDG 649
City: Fort Story, VA
Phone: (757) 422-7077

Housing

Housing Overview

For more information on this subject:
<http://www.eustis.army.mil>

If you are married and intend to bring your family to this area with you, it would be best for them to stay with other family members or some other safe place until you have come here, processed in, and found a place to live. This is a high cost area and no temporary quarters are available. Also, if your orders assign you to either Fort Eustis or Fort Story and you get off-post housing at either location and your assignment is changed when you process in, it will create a hardship for you because of the 50 miles commuting distance. **YOU ARE REQUIRED TO CONTACT THE HOUSING OFFICE ON-POST BEFORE YOU RENT OFF-POST HOUSING.** Housing offices: Fort Eustis - BLDG 601, (757) 878-2506, Fort Story - BLDG 727, (757) 422-7321.

On post housing is available to all grades, however, waiting times vary depending on grade and type of house. Service members must contact the Housing Office prior to looking for off post housing. The average waiting period for housing is 12-14 months.

Barracks facilities are available for single enlisted soldiers, the unit of assignment handles barracks room assignments.

The Hampton Roads area provides a varied assortment of environments from woods to waterfront. There are numerous apartment complexes and home developments surrounding Fort Story. To obtain information about renting or buying, call the Housing Office at (757) 422-7321.

Housing Allowances

Check with the Finance Office for the most up to date rates of housing allowances.

Housing Allowances

Housing allowance information is available from the Per Diem, Travel and Transportation Allowance Committee's Web Site:	
Rates and Allowances Home Page	http://www.dtic.mil/perdiem/rateinfo.html
Basic Allowance for Housing	http://www.dtic.mil/perdiem/bah.html
Overseas Housing Allowance	http://www.dtic.mil/perdiem/aloooha.html

Government Housing

All incoming personnel must apply for on-post quarters within 30 days of signing in to Fort Story, in order to be back-dated to departure date from last permanent duty station. Incoming personnel who apply within 30 days of signing in must submit the following (1) DD Form 93-Record of Emergency Data, the form can be obtained from your AG Records Section. All incoming soldiers must have their DD Form 93 updated when processing. (2) DA Form 31- Request & Authority for Leave (for signing out of last duty station). (3) PCS orders plus all amendments bringing the soldier to Fort Eustis. (4) Orders to a dependent restricted area (if applicable). Those families with Exceptional Family Members, there is no priority list, housing will review needs on a case by case basis. One story housing is very limited. Barracks facilities are available for single enlisted soldiers, the unit handles barracks assignments.

Name: Housing Referral Office
Address: BLDG 727
City: Fort Story, VA
Phone: (757) 422-7321

Community Housing

Before you begin your housing search, you must check in with the housing office.

CHRRS "Cheers" - That stands for Community Home-finding, Relocation, and Referral Services. The Housing Referral Office now offers a broader array of services. We can offer you: Home Listings for rent or purchase; Help in evaluating a lease; an overview of community resources; Maps, bus schedules, school information; desk space and telephones; information about the housing market at your next duty station; tips for PCSing homeowners who must rent or sell their house in the local community. Whether you are arriving or departing the installation, contact your CHRRS office for assistance.

The homes in this area range between \$60,000 and \$300,000.

Name: Housing Referral Office
Address: BLDG 727
City: Fort Story, VA
Phone: (757) 422-7321

Name: Tidewater Association of Realtors
Address: Mustang Trail
City: VA Beach, VA
Phone: (757) 340-9700

Utilities

On Post housing includes all utilities except phone and cable.

A transferee who is looking to buy a home may obtain a home's individual rate history from the local companies.

Remember with all utilities there may be hook up fees and deposits needed.

Military Waiver of Deposit ALTERNATIVES - A letter of credit from a previous utility company stating excellent credit for one (1) year or more will waive the deposit. If member of Langley Federal Credit Union (FCU), Chartway (Navy) FCU, Naval Weapons Station FCU, Guardian FCU, Ft Monroe and 1st Advantage (Ft Eustis) FCUs, Atlantic Fleet FCU, and Amphibious Base FCU, the Credit Unions will insure you; no deposit is required; you can obtain the paperwork from your Credit Union.

Military Personnel - For information on Credit Union Guarantees call:

1st Advantage Federal Credit Union (Ft Story/Fort Eustis) 877-2444 Atlantic Fleet Federal Credit Union 380-3309 Fort Monroe Credit Union 727-2993 Langley Federal Credit Union 827-7200 Chartway Federal Credit Union (Navy) 225-8734 Naval Weapons Station Credit Union 887-2476 Guardian Federal Credit Union 397-1234 Amphibious Base Credit Union 460-1141

Name: Virginia Power - Electric
Address: 2700 Cromwell Road
City: Norfolk, VA 23509
Phone: (757) 858-4670

Name: Virginia Natural Gas
Address: 5100 East Virginia Beach Blvd
City: Norfolk, VA
Phone: (757) 466-5550

Name: Bell Atlantic - Phone
City: Norfolk, VA
Phone: (757) 954-6222

Name: Cox Communications - Cable TV
Address: 5200 Cleveland Street
City: VA Beach, VA
Phone: (757) 497-2011

Name: Trash and Waste Removal
City: VA Beach, VA
Phone: (757) 430-2450

Relocation Services

Relocation Services Overview

For more information on this subject:
<http://www.eustis.army.mil>

Are you going to move soon? Here are just a few of the questions you'll have to answer: Where will I live? What will housing cost me? Will there be a change in my cost of living? How will I ship my car? What school will my children attend? Will my spouse find work? Is there good child care? The questions can go on and on. Relocation is a way of life in the military, and it can be stressful. You need accurate and timely information to make the right decisions. Army Community Service can help with relocation. This section provides information on agencies that can help make your arrival to or departure from base smoother.

Name: Army Community Service
Address: BLDG 522
City: Fort Story, VA
Phone: (757) 422-7311

Name: Army Community Service
POC: Jana Cooper/ Relocation Program Manager
Address: BLDG 601
City: Fort Eustis, VA 23604
Phone: (757) 878-3638

Relocation Assistance

The Relocation Assistance Program is part of Army Community Service (ACS). The Relocation Program provides assistance to military and civilian personnel along with family members who will be moving to the Fort Eustis/Fort Story area and those relocating to other military installations. The Relocation Program has a lot to offer: computerized information (SITES) on military installations, pre and post move information, help in making your move a smooth one, tips on moving with kids, and more.

Before you take off to your new installation, the Relocation Assistance Program could find you the easiest route in the shortest time. With Trip Maker, we can provide a detailed trip summary that can help you on your day to day travels.

Name: Relocation Assistance Program
POC: Army Community Service
Address: BLDG 522
City: Fort Story, VA
Phone: (757) 422-7311
E-Mail: FtStoryACS@aol.com

Name: Relocation Assistance Program
POC: Jana Cooper/Relocation Program Manager
Address: BLDG 601
City: Fort Eustis, VA
Phone: (757) 878-3636
Comments: Fort Eustis ACS Relocation Assistance Program can help military service members moving to Fort Story. Please call us if you have any questions. Or e-mail us at ACS-FtEustis@eustis.army.mil

In Transit Emergencies

If an emergency arises during your travels look for the nearest military installation for help. If there are no installations listed in the area, we suggest you call AAA, if you are a member, or ask the local information operator for a hospital or road service, depending on the emergency.

MEDICAL EMERGENCY DURING A MOVE
Active Duty - if a valid medical emergency (life

threatening) should occur i.e. severe injury, car accident, heart attack etc., first find out if there is a military installation nearby, if not, proceed to the nearest civilian hospital. You must state that you are Active Duty military, you should not receive any bills and you should not pay. Collect all documents and take them to the nearest Army installation (if you are in the Army) Medical Claims Office. If Fort Eustis is the nearest Army base, bring the paperwork to the Civilian Medical Claims Office, Building 579, (757) 314-7853.

Family Members - All family members must be enrolled in the DEERS system (Must have a valid ID Card). If you are currently a member of a TRICARE system dis-enrollment is required prior to leaving your current duty station. **TALK TO YOUR HEALTH BENEFITS ADVISOR** for specific information on coverage during transition to your next duty station. If you are not a member of the TRICARE system either you never enrolled, didn't have the system at your last duty station, or if you are a new spouse or family member, you are covered under CHAMPUS. If an emergency requires you to go to a hospital during your initial days on Fort Story or Fort Eustis you must call TRICARE to get approved coverage for care, at 1-800-304-9863. Otherwise, standard CHAMPUS will cover whatever is allowed. The Fort Eustis Health Benefits Office can be reached at (757) 314-7957.

Financial Preparedness

For more information on this subject:
<http://www.eustis.army.mil>

BUDGET-BUDGET-BUDGET Whether it is your first or twenty-first move, there will be out of pocket expenses. The government covers only so much of the expense when you move. Financial preparedness is essential in maintaining a good quality of life, but when it comes to moving the expenses can be overwhelming. Budgeting comes in handy. Develop a budget strategy when you know a move is on the way.

Temporary Lodging. On post the Cape Henry Inn (a beautiful hotel) and cottages are available. The price ranges from \$50-\$70 per night. If you were to stay off post the price range varies from \$40 to \$80 per night. As soon as you know a move is on the way, start to budget for these additional expenses. If you need assistance in developing a budget plan, call ACS for an appointment with a Budget Counselor.

If you arrive at Fort Eustis/Fort Story and need budget/financial planning assistance call Fort Eustis ACS at 878-3638 or Fort Story ACS at 422-7311 for an appointment.

Exceptional Family Member Program (EFMP)

For more information on this subject:
<http://www.eustis.army.mil>

Soldiers must insure they notify MILPO while in-processing that they have an EFM and the specific diagnosis. To enroll obtain a medical and education questionnaire from the medical clinic: 1) Medical questionnaire must be completed for family members of any age, then reviewed and signed by the primary care physician. 2) Educational questionnaire should be filled out on all school age children or any pre-schooler receiving special services. 3) Attach a copy of a current Individual Education Plan (IEP) to the educational questionnaire. The IEP is available at your child's school. 4) Return completed forms to McDonald Army Hospital EFMP point of contact. **NOTE** - Family members who have previously enrolled at another duty station need only contact MEDDAC EFMP for input into the local computer. **YOU MUST UPDATE YOUR FILE EVERY THREE YEARS!!!** Most medical services are available within a 40 mile radius. The Portsmouth Naval Hospital, Langley, and Fort Eustis are all within 40 miles. Most of the EFM cases are CHAMPUS'd out and there is limited respite care, child care, and in-home health care.

Name: ACS Program Coordinator
Address: Fort Eustis / Fort Story
Phone: Eustis (757) 878-0901 Story (757) 422-7311

Household Goods In-Bound Shipments

Most soldiers assigned to Fort Story are assigned and process in at Fort Eustis, then you go to Fort Story, your household goods arrive in Langley AFB. For those on direct orders to Fort Story, your household goods arrive in Norfolk.

For delivery of Personal Property to the Fort Eustis and Fort Story Area: a) The Consolidated Personal Property Shipping Office - (CPPSO-L) at Langley Air Force Base, Virginia, and Traffic Management Office of Norfolk are the transportation offices responsible for incoming shipments of household goods and unaccompanied baggage to the Fort Eustis

and Fort Story area. You should contact the CPPSO-Langley inbound section immediately upon your arrival at (757) 764-2045. A clerk at the inbound section will assist you in arranging for delivery. If the shipment(s) is not in, CPPSO-Langley will contact you to arrange for delivery upon arrival of your personal property. b) Upon delivery, the carrier is required to unpack, remove packing materials, reassemble items that were disassembled and place all major items one time in a desired location. If the carrier refuses to perform these services or other problems relating to carrier performance arise at the time of delivery, request assistance from the inspection/quality assurance section, CPPSO-L.

Name: Traffic Management Office
Address: Naval Supply Center
City: Norfolk, VA
Phone: (757) 444-7588

Name: CPPSO-Langley
POC: Traffic Management Office
Address: 1st Transport/LGTS 45 Nealy Ave, Room 207-213
City: Langley AFB, VA
Phone: (757) 764-2045/2044/2046

Name: Inspection/Quality Assurance Section
POC: CPPSO-Langley
City: Langley AFB, VA
Phone: (757) 764-7501/7502

Name: Traffic Management Office
POC: Personal Property
Address: BLDG 601
City: Fort Eustis, VA
Phone: (757) 878-4664

Household Goods Out-Bound Shipments

Upon receipt of your orders contact the Transportation Office to schedule an appointment and discuss entitlements authorized for movement of personal property. This includes application for shipment and/or storage of Household Goods, unaccompanied baggage, shipment of POV's and Mobile Homes, and member's responsibilities during the move. Personal property shipments are handled by the Consolidated Personal Property Shipping Office (CPPSO). The CPPSO is a multi-service shipping office serving Langley AFB, Ft. Monroe, Ft. Eustis, NWS Yorktown, Coast Guard Station at Yorktown, Newport News Shipyard, Camp

Peary, and Fort Story. Information about Pets (Procedures, restrictions and tips on how to prepare and what to expect) can be obtained from the Transportation Management Office; call them early for an appointment. In addition, information is also available for military and civilian personnel authorized to ship POVs at government expense. It is based on entitlements from Joint Federal Travel Regulations (JFTR), Volume I, for military members and Joint Travel Regulations (JTR), Volume II, for civilian employees.

Name: Traffic Management Office
Address: BLDG 564
City: Fort Story, VA
Phone: (757) 422-7712

Household Goods Claims

Filing a claim for goods lost or damaged during shipment: a) When delivering your shipment, the carrier will provide you with five copies of a two-sided, pink DD Form 1840/1840R. All items that are missing or are noticeably damaged at the time of delivery, should be noted in detail on the DD Form 1840. After delivery is complete and lost or damaged items are noted, the DD Form 1840 should be signed by both you and the carrier. The carrier will leave three copies with you. As soon as possible, you must examine every item in your shipment. Any damage or loss not noted on DD Form 1840 at the time of delivery should be recorded on DD Form 1840R. b) Within 70 days of delivery of your shipment, the completed DD Form 1840/1840R must be submitted to the Claims Section, Office of the Staff Judge Advocate, building 2732, Fort Eustis. A copy of the form will be date stamped and returned to you for your use when submitting your claim through Navy channels. Failure to submit the completed DD Form 1840/1840R within 70 days of delivery may result in your claim being denied or reduced. DD Forms 1840/1840R are accepted on a walk in basis on Thursdays. The Fort Eustis Claims Office serves as a collection facility for DD Forms 1840/1840R only. Household Goods and POV claims must be formally filed through Navy channels.

Name: Office of the Staff Judge Advocate
POC: Claims Office
Address: Fort Eustis-Bldg 2732
Phone: (757) 878-3536

Household Goods Weight Allowances

****Notes**** Members in grades E3, E2 or E1 married to another member in grade E3, E2, or E1, who are without dependents will be treated as a member married to a non-member and will be entitled to the weight allowance of a member "with-dependents";

that is, a combined weight allowance of 5,000 pounds.

E4 section of chart, allowances indicated are for E4's with less than 2 years of service. E4's with more than 2 years of service are entitled to 8,000lbs with dependents or 7,000lbs without.

Household Goods Weight Allowances

Grade	Allowance w/Dependents	Allowance wo/Dependents
E1	5000	1500
E2	5000	1500
E3	5000	2000
E4	*7000*	*3500*
E5	9000	7000
E6	11000	8000
E7	12500	10500
E8	13500	11000
E9	14500	12000
W-1	12000	10000
W-2	13500	12500
W-3	14500	13000
W-4	17000	14000
O-1	12000	10000
O-2	13500	12500
O-3	14500	13000
O-4	17000	14000
O-5	17500	16000
O-6+	18000	18000

POV In-Bound Shipments

Information concerning the arrival and status of privately owned vehicles shipped to the port of Norfolk may be obtained by calling U.S. Navy Fleet and Industrial Supply Center (FISC).

Name: Naval Supply Center-POV Processing Center
Address: BLDG CEP 57, Naval Supply Center
City: Norfolk, VA
Phone: (757) 444-7588

POV Out-Bound Shipments

U.S. Navy Fleet and Industrial Supply Center Vehicle Processing Center. Processing may take up to one hour, so members should arrive NLT 1530 when picking up a POV.

Name: POV Processing Center
Address: BLDG CEP 57, Naval Supply Center
City: Norfolk, VA
Phone: (757) 444-7588

POV Claims

POV claims must be filed through the Office of the Staff Judge Advocate, Claims Section, Fort Eustis BLDG 2732, (757) 878-3536. Then it will go through Navy Channels.

Pet Boarding/Kennels

Referrals to boarding kennels or to civilian Veterinarians are prohibited by regulation. The owner is requested to contact neighbors or use the yellow pages for listings of available kennels and local Veterinarians. Rates, vaccine requirements and hours of operation can be obtained at that time.

Pet Licensing

Licensing of the family pet is required by all local counties. Owners are requested to contact the county

in which they will be living to obtain specific information on local requirements.

Pet Quarantines

There are no pet quarantines in Virginia.

Veterinary Services

Veterinary services are available to active duty, retired military personnel and their families on an outpatient basis. Services include immunization, heartworm and fecal exams, health certificates and the diagnoses and treatment of diseases which are a threat to the health of the military community and their pets. A full line of flea, tick and heartworm control products are available for purchase. In compliance with Army/Air Force directives, the vet clinic does not provide emergency treatment, surgery, x-rays, boarding or treatment for non-diseases. In case of an emergency, you should seek civilian veterinary care, or after hours you can contact the Emergency Veterinary Clinic (see below) or one of the many other clinics listed in the yellow pages.

Service members living in base housing should register their pets by bringing proof of vaccination and any medical information to the Installation Veterinary Treatment Facility within 15 days of arriving. All dogs should be given heartworm preventative year round and should be tested for heartworm disease annually. Stool exams for intestinal parasites are recommended at least yearly. Fleas are a real problem in this area and should be suspected when pets begin scratching or chewing on themselves.

Name: Fort Story Veterinary Clinic
Address: BLDG 533
Phone: (757) 422-7734

Pet Transportation

Information on transporting the family pet can be obtained through the Port Call or Commercial Travel Office (CTO) and by contacting the carrier directly. Shipping costs and requirements will change periodically.

PCS Reporting Procedures

Fort Story is a sub-installation of Fort Eustis, Virginia. Fort Eustis is located about 50 miles away. All persons assigned to Fort Story must first process in at Fort Eustis. There is no guarantee that your assignment will be Fort Story. When you inprocess in at Fort Eustis, your assignment may change. The

Military Personnel Office will assign you based on the needs of the command at that time. You may be assigned to Fort Eustis or Fort Story. Military Personnel Office: Fort Eustis - BLDG 662, (757) 878-0953 Fort Story - BLDG 564, (757) 422-7033.

Separation Procedures

The Army Career and Alumni Program (ACAP) helps soldiers, Department of Defense civilian employees, and their family members when they leave military service or Federal employment. Under the Family Member Employment Assistance Program (FMEAP), ACAP assists permanent party spouses of active duty military personnel who are seeking local employment. ACAP services for Forts Eustis, Monroe, Story are regionalized at Fort Eustis. The Monroe sub-center services personnel assigned to Monroe, Story and the Southside. All personnel call 878-4955 to make appointments. All military personnel receive mandatory Pre-separation Counseling at ACAP. Call 878-4955 to schedule Pre-separation Counseling approximately 180 days prior to separation. Public Law requires soldiers receive this counseling not later than 90 days prior to separation. Soldiers who begin ACAP at the 180 mark may expect to spend 4 to 6 hours per week in transition activities.

After initial Pre-separation Counseling, transitioners receive individualized and group counseling to access available benefits and services. Employment search assistance helps transitioners identify skills, prepare a personal marketing plan, identify potential employers, interview effectively, and negotiate salary and benefits.

Billeting

On Fort Story the Cape Henry Inn (a beautiful hotel) and cottages are available. The price ranges from \$50-\$70 per night. If you were to stay off post the price range varies from \$40 to \$80 per night.

On Fort Eustis there is the Transportation Inn, reservations are made for service members on TDY (Temporary Duty) or PCS (Permanent Change of Station) orders. Those not on orders will be put on a Space Available list. Reservations can be made 60 days in advance. The price range for the Transportation Inn starts in the upper \$20's through mid \$30's. Any TLE (Temporary Lodging Expense Allowance) should be discussed with the Finance and Accounting Office. Billeting off post can range in price from \$30 - \$80 per night.

Name: The Cape Henry Inn
Address: BLDG 1116
City: Fort Story, VA
Phone: (757) 422-8818

Name: Outdoor Recreation
Address: BLDG 601
City: Fort Story, VA
Phone: (757) 422-7601
Comments: For information on campsites on Fort Story call.

Name: Transportation Inn
Address: BLDG 2110
City: Fort Eustis, VA
Phone: (757) 878-5807

Support Services

Support Services Overview

Fort Story offers a wide range of support services to ensure that all personnel and their families assigned here are afforded any assistance they need to have a stable and secure life.

Family Centers

For more information on this subject:
<http://www.eustis.army.mil>

The Fort Story Army Community Service (ACS) goals are to provide programs and services that:

1) ASSIST SOLDIERS/FAMILIES BUILD SELF-RELIANCE, particularly during deployments/exercises and other OPTEMPO activities. ACS supports this goal through a matrix of skill-building training and prevention education opportunities:

- Parenting classes
- First Time Homebuyer Workshops
- Money Management Classes
- Army Family Team Building (AFTB) Classes. AFTB is basic and advanced training for family members, soldiers and civilians. It teaches basic information relevant to the military lifestyle like entitlements, benefits and compensation, How to read an LES, and skill developing subjects like problem solving, stress management and Personality types. AFTB classes are offered on a scheduled basis. Free child care is available upon request.
- Volunteer Opportunities (ACS and Installation)

2) PROVIDE CONSULTATION TO COMMANDERS on family/social issues impacting Fort Story soldiers and families. Examples include briefings, attending command and staff meetings to impart information on upcoming ACS programs/services, identify environmental issues impacting families e.g. garnishments, withdraw separate rations, compassionate reassignments, emergency housing, and AER loans. ACS consults with other service organizations to develop strategies for remedies to community wide family issues. Each Fort Story unit is assigned a Unit Service Coordinator (USC) to bring ACS services to the unit level. The USC through above mentioned activities remains abreast of issues and service needs affecting his/her unit and coordinates provision of these services through command channels.

3) ADVOCATE FOR soldiers and families assigned to Fort Story. Some Advocacy strategies include:

- Home Visits (upon request) to new parents through the New Parent Support Program. (Cross Reference, Family Advocacy)
- Individual check book management sessions.
- Information on and assistance in preparation of exception to policy for housing for families with Exceptional Family Members.
- Family Support Group Leader and Sponsorship Training.
- Conduct of Newcomer's Briefing for all newly assigned soldiers and family members monthly.
- SITES and Welcome Packets for relocating soldiers
- Individualized Relocation Information Sessions
- Information and Referral
- Respite Child Care
- Baby Bundles - basic layette items for E4 and below with financial need.
- ACS maintains an information database with data on services from adoption to veterinary services.
- Single Parent Support Group
- Army Emergency Relief (Cross Reference, Emergency Assistance)
- AFAP - Army Family Action Plan "symposium" is conducted every two years to identify community issues affecting soldier/family quality of life.
- Waiting Spouses - contact and support services are provided to spouses of soldiers on long-term TDY, deployments, and/or short tours.

Name: Army Community Service
Address: BLDG 522
City: Fort Story, VA 23459
Phone: (757) 422-7311

Information and Referral

For more information on this subject:
<http://www.eustis.army.mil>

The Army Community Service mission of Information and Referral is to provide commanders, soldiers, and family members information on military and civilian community resources. We assist personnel with problem cases in obtaining support service by providing referral and follow up assistance. Information and referral personnel evaluate individual client situations and coordinate with local organizations to resolve client problems. Also, Information and Referral personnel maintain a resource file on Fort Story, city, state, and federal programs available to the Fort Story community.

Financial Assistance Programs

The Consumer Affairs and Financial Assistance Program (CAFAP) focuses on improving soldiers' personal financial status and their abilities to perform as informed consumers. The CAFAP offers classes on Money Management, Credit Buying, Homebuyer's Seminar, Checkbook Management, and Budget Counselor Training. Individual appointments may be scheduled for Budget Counseling or Consumer Issues. Budget Counseling is a good idea when faced with major financial decisions. For more information call (757)422-7311, ACS Building 522.

Name: Consumer Affairs & Financial Assistance Program
POC: Army Community Service
Address: BLDG 522
City: Fort Story, VA
Phone: (757) 422-7311

Emergency Assistance

ARMY EMERGENCY RELIEF (AER) AER is an emergency financial assistance and educational assistance program. AER helps soldiers (active and retired) their dependents, their widows(ers), and orphans during unforeseen emergencies. Assistance is provided as an interest-free loan, grant, or a combination loan and grant. The emergency must have originated from other than the soldiers own actions, i.e., problems caused by AWOLs, Article 15, or civilian fines. Each AER request is personal and is considered on its own merits in a timely and confidential manner. Categories of Authorized Financial Assistance: a) Non-receipt of pay (Pay due but not received. This is different from No Pay Due.) b) Loss of Funds. (Assistance not based on amount of

loss) c) Medical, Dental, Hospital Expenses (Assistance permitted only if related to obtaining authorized medical or dental care under CHAMPUS or MEDICARE) d) Funeral expense (For legal authorized dependents or when soldier is expected to share in payment or pay funeral expenses for a parent of the soldier or spouse) e) Required Travel (Soldier must be on emergency leave) f) Rent (Initial rent & deposit or to prevent eviction) g) Food (To prevent privation only) h) Utilities (To prevent shut off of electricity and gas) i) POV Repairs (Essential POV only) j) Fire or other Disaster (Assistance in case of fire or other Disaster) k) Privation (Assistance authorized to prevent privation of a soldier and dependents for valid causes not otherwise identified above)

Name: Army Emergency Relief
POC: Army Community Service
Address: BLDG 522
City: Fort Story
Phone: (757) 422-7311

Family Advocacy

The Family Advocacy Program's mission is to promote strong, healthy family relationships, prevent family disruption and violence, ensure prompt reporting and investigation of abuse, and provide necessary crisis intervention and treatment.

TWO FAMILY ADVOCACY PROGRAM COMPONENTS Army Community Service (ACS) FAP provides educational and support services for soldiers, family members, and DoD civilians. ACS FAP is housed at Army Community Service, Fort Story, BLDG 522, 422-7311. Social Work Services (SWS) FAP investigates reports of suspected child abuse or neglect and spouse abuse and provides treatment services when cases of family violence are substantiated by the Installation Case Review Committee (CRC), an interdisciplinary group of professionals. SWS FAP is located in BLDG 522, 422-7311.

SUPPORTING HEALTHY FAMILIES The Family Advocacy Program at ACS is dedicated to supporting military families and preventing child and spouse abuse.

PROGRAMS/SERVICES SUPPORTING STRONG FAMILIES INCLUDE:

1) New Parent Support Services: goodies and advice for new parents and a wide array of parenting classes

2) Relationship Support: *Couples communication and conflict resolution classes *Stress and anger management classes *Troop and community briefings on family violence prevention awareness *Single Parent Support Group

All programs are advertised in the "Community News" section of the "Wheel" and in the "MWR Community News". Free child care is offered for all classes.

KEEPING CHILDREN SAFE *Appropriate Discipline* All children need love, nurturing, structure, and discipline to grow into healthy, responsible adults. The Army recognizes and supports the right and obligation of parents to appropriately discipline their children. **THE PHYSICAL DISCIPLINE OF CHILDREN IS HIGHLY DISCOURAGED.** Discipline which leaves marks and bruises on children is seen as excessive and is generally regarded as child abuse by physicians and the CRC (Case Review Committee). Reports of suspected child abuse will be investigated by Social Work Service FAP and civilian child protection agencies.

TO LEARN WAYS TO EFFECTIVELY DISCIPLINE YOUR CHILD, PLEASE CALL ACS FAMILY ADVOCACY PROGRAM, 422-7311.

REPORTING SUSPECTED CHILD ABUSE OR NEGLECT OR SPOUSE ABUSE AR 608-18 encourages that every soldier, employee, and member of the military community report information about known or suspected cases of spouse abuse and child abuse and neglect.

If you suspect abuse, call: Social Work Service FAP at 314-7910/7911 (during duty hours) Military Police at 422-7141 24-hour reporting line at 878-CARE

Name: Family Advocacy Program
POC: Army Community Service
Address: BLDG 522
City: Fort Story
Phone: (757) 422-7311

Name: Social Work Service Family Advocacy Program
POC: McDonald Army Community Hospital
Address: BLDG 515
City: Fort Eustis, VA
Phone: (757) 314-7910

Name: Treatment, Crisis Intervention Services
POC: McDonald Army Community Hospital
Address: BLDG 515
City: Fort Eustis, VA
Phone: (757) 314-7910

Name: New Parent Support Services
POC: ACS-FAP
Address: BLDG 522
City: Fort Story, VA
Phone: (757) 422-7311

Single Member Services

BETTER OPPORTUNITY FOR SINGLE SOLDIERS (BOSS) A way for single soldiers to have their voices heard, Meetings are held monthly, call for more information. Fort Story has a very active BOSS program.

There are a lot of recreational opportunities in the Fort Story area. Golfing, Boating, fishing, Hunting, Swimming, and Bowling, to name a few.

Name: BETTER OPPORTUNITY FOR SINGLE SOLDIERS (BOSS)
City: Fort Story, VA
Phone: (757) 422-7188
Comments: For more information call.

Support Groups

(Cross Reference, Support Services Overview) Support Groups come in a variety of ways. There are many avenues for support. If you need specific resources or support, the best thing to do would be to contact your local community Social Service agency.

The Single Parent Support Group Mission - To provide emotional support, education, and community resource information to sole parent soldiers, pregnant soldiers, and dual military couples with children. Purpose - To provide support and present alternatives to assist soldiers to successfully adapt to the challenges of military life, while

balancing parental responsibilities. Call Army Community Service for more information.

The Fort Story Community Club The Community Club is a consolidation of Officers, Non-Commissioned Officers, and Civilian clubs into one club. It is open to active duty, spouses of active duty, retired military and civilian personnel interested in the Fort Story community. Many activities are planned throughout the year. Please come out and make new friends and acquaintances while supporting your community. Contact Army Community Service for point of contact at 422-7311.

Name: Army Community Service
POC: Single Parent Support Group
City: Fort Story
Phone: (757) 422-7311

Morale, Welfare, and Recreation

Wonderful things await you in Morale, Welfare, and Recreation on Fort Story and on the surrounding military installations. If we don't have it one of our neighbors does. Call the MWR office at 422-7472 for more information.

Name: Fort Story Club
Address: BLDG 1102
City: Fort Story
Phone: (757) 422-7558
Comments: All personnel welcome. Open to all grades. Facility provides limited banquet/meeting rooms to accommodate affairs. In the summer months (May-Sept) the Club offers a beautiful patio area overlooking the Chesapeake Bay which serves hamburgers, hotdogs, and a variety of beverages both alcoholic and non-alcoholic.

Name: Bowling Center
Address: BLDG 708
City: Fort Story
Phone: (757) 422-7458
Comments: 6 lanes, computerized scoring, full service snack bar

Name: Outdoor Recreation
Address: BLDG 601
City: Fort Story
Phone: (757) 422-7601
Comments: 24 campsites open all year round. Cabins and log cabins are available for rent. Reservations can be made up to one year in advance. Ice chest, bicycles and boogie boards are for rent too.

Name: Auto Craft Shop
Address: BLDG 1004
City: Fort Story
Phone: (757) 422-7713
Comments: Five inner-service bays to include an alignment track, engine and transmission rebuilding, and more.

Name: Gymnasium
Address: BLDG 707
City: Fort Story
Phone: (757) 422-7975/7052

Name: Library
Address: BLDG T-530
City: Fort Story
Phone: (757) 422-7525
Comments: Career Center, Books, Audio Visual, Just For Kids, Check it Out and many other services available.

Name: Sandpiper Recreation Center
Address: BLDG 522
City: Fort Story
Phone: (757) 422-7472
Comments: Recreation Center, Ticket and Travel Information Office, Video Rental Center, and Post Movie Theater.

Name: Golf Course
Address: Little Creek Amphibious Base
Phone: (757) 464-8526
Comments: A number of military installations have large golf courses in the area.

Name: Cape Henry Inn
Address: BLDG 1004
City: Fort Story
Phone: (757) 422-7713

Chapel Services and Programs

WORSHIP SERVICES

0900 Catholic Mass
1100 Protestant Services

Youth groups for ages 1st Grade through 4th Grade and 5th Grade through 12th Grade meeting twice a month. There are also opportunities for Bible Studies, Choirs, Single Parent Support Groups, and Couples Support Groups. Call 422-7665 for more information.

JEWISH SERVICES

Jewish Services are the 2nd and 4th Friday of each month at 1830 at Bethel Chapel at Langley AFB. Call 764-7847 for more information.

MOSLEM SERVICES

Moslem Services are held each Friday at Fort Eustis. call 878-1316 for more details

Name: Chapel Activities
Address: BLDG 500
City: Fort Story
Phone: (757) 422-7552

Drug and Alcohol

Name: Alcohol & Drug Abuse Prevention Program
Address: BLDG 534
City: Fort Story, VA
Phone: (757) 422-7630

Legal Assistance

Call the Legal Services office for help with legal matters.

Name: Staff Judge Advocate
POC: Legal Services
Address: BLDG 2732
City: Fort Eustis, VA
Phone: (757) 878-3031

Child And Teen Services

Child and Teen Services Overview

Our installation does not have PCS priority for child care. However, persons interested in child care may call (757) 878-4025 or 927-4025 DSN and ask to be placed on the waiting list telephonically. Once

patrons sign in, they should come to the Central Registration (CR) office at Building 925, Madison Avenue, Fort Eustis or on Thursdays, BLDG 307, Fort Story and inform the CR personnel that they have arrived. Names of Family Child Care Providers may also be given to the patron telephonically. Hourly care is also offered through Family Child Care homes. Call (757) 878-4025 or DSN 927-4025 for more information.

Babysitters on the installation must be at least 12 years of age to babysit on post. The Central Registration (CR) office also maintains a list of Babysitters. Persons on that list must be at least 13 years of age. In order to be placed on the CR Resource and Referral babysitting list, persons must have a current Community CPR card and have a current Red Cross Babysitting Course card or equivalent.

Fort Story Youth Services is a dynamic and comprehensive system of youth serving activities. In modern youth services programs, the goal is to help support the developmental needs of the children of our soldiers. Structured fun and recreation activities are a means to that end.

Youth Services programs and facilities are designed and intended primarily for active duty military family members in the 1st through 12th grade. Facilities and programs are also available to retired military and their family members, reserve components, DOD APF and NAF employees and their family members.

Name: Central Registration Office
Address: BLDG 925, Madison Ave
City: Fort Eustis, VA
Phone: (757) 878-4025

Name: Central Registration Office
Address: BLDG 307
City: Fort Story, VA
Phone: (757) 422-7693
Comments: The Central Registration Office is open on Thursdays at Fort Story. Monday - Wednesday and Friday open at Fort Eustis.

Name: Youth Services Center
Address: BLDG 457
City: Fort Story, VA
Phone: (757) 422-7714

New Parent Program

(Cross Reference - category - Support Services, related subject - Family Advocacy)

For more information call the New Parent Support Services Program which is part of the Family Advocacy Program at Army Community Service.

Child Care Programs - on Installation

The Fort Story Child Development Center is located in BLDG 307. It offers hourly care from 0600-1730 Monday - Friday. The Fort Eustis Child Development Center (CDC) is located on Madison Ave Building 925. It offers hourly care from 0830 until 1530 and reservations are strongly suggested and can be made up to two weeks in advance. The CDC also offers full day child care for ages 12 months to 5 years, not in school, and before and after preschool and Kindergarten care. Registration is required prior to use of any Child Development Services program and is by appointment only. Appointments can be made by calling (757) 878-4025. There are registration fees for all programs, call the central registration office for information. Immunization records are required at registration, patron's child(ren) must have a physical or well baby check but do have 30 days to submit a copy of the physical to the CR office. Hourly care fees are subject to change but are presently \$2.50 per hour.

The Fort Eustis/Fort Story Child Development Centers (CDC) have waiting lists for care for ages 12 months to Kindergarten age. To be placed on the waiting list, patrons must come to the Fort Story CR office on Thursdays between the hours of 0900-1200 and 1300-1500. On Fort Eustis, patrons must come to the CR office between the hours of 0830 to 1200 or 1300 to 1600. Patrons must complete a waiting list form. A patron's child remains on the list for three months from the date of application. It is then the patron's responsibility to contact the CR office prior to the expiration date and request to have the record updated for another three months. The CR clerk updates the waiting list at the beginning of each month. At this time the names of the patrons who have not contacted the CR office, to keep their names on the waiting list, will be removed from the waiting list and new names will be added. Waiting list priority is Single and Dual Military and dual working couples. Names are placed on the waiting list by priority and by date of application. The Fort Eustis/Fort Story Child Development Centers are NAEYC accredited as of May 1996.

Supplemental programs offered by Child Development Services are Short Term Alternative Child Care (STACC) which offers care for organizations in a selected area in the same building where the organization's meeting is taking place. Ratios are generally kept at 1:5. Another supplemental program is Volunteer Child Care in the Unit Setting (VCCUS). Volunteers for one unit or organization carry out child care services for another organization/unit in exchange for the same services at a later time. CDS assists by offering a brief training for all volunteers involved and conducts the inspection of the child care site. For more information on either of these programs call (757) 878-4025.

Family Child Care (FCC) is in home care provided by an adult family member occupying Government quarters. Both the individual providing services (FCC provider) and the occupied housing unit (FCC home) must be certified by the installation Commander before children may be accepted for care.

Family Child Care (FCC) is a professionally managed network of individuals providing Child Care in their Government Quarters. FCC was established under the guidelines AR 608-10, Child Development Services, to support the specific Child Care needs of military families. All FCC providers initially receive 38 hours of instruction in such topics as CPR, nutritious food preparation, and early child development before being certified. In addition, providers receive monthly training based on the Child Development Association (CDA) 13 functional areas. FCC homes are monitored regularly by the FCC staff and are inspected by Preventative Medicine, the Fire Department and the Safety Office.

FCC offers parents the opportunity to place their child in a home environment that is safe and with a well trained, professional provider. Parents can be sure that the provider and the provider's home meet strict standards and are closely monitored on a regular basis. FCC providers can assist parents by providing flexible hours, as well as overnight and long term care.

Name: Central Registration (CR) Office
City: Fort Eustis
Phone: (757) 878-4025

Name: Central Registration (CR) Office
City: Fort Story
Phone: (757) 422-7693

Name: Child Development Center (CDC)
Address: BLDG 307
City: Fort Story
Phone: (757) 422-7413/7693
Comments: Fort Eustis CDC is located on Madison Ave, BLDG 925, 878-4025.

Name: Family Child Care
City: Fort Eustis
Comments: To become a Family Child Care Provider call 878-5584.

Child Care Programs - Community

Information for off post child care can be obtained by coming by the Central Registration Office. State licenses for off post centers and certification for off post home care are obtained through Social Work Service. For State licensed day care providers call the Tidewater Regional Office of the State Department of Social Services.

Name: Central Registration Office
Address: BLDG 925
City: Fort Eustis
Phone: (757) 878-4025
Comments: Fort Story Central Registration Office is open on Thursdays (757) 422-7693.

Name: Tidewater Regional Office
POC: State Department of Social Services
Phone: (757) 473-2100

Things To Do - Clubs and Social

Fort Story Youth Services plans numerous activities for ages 6-18 every month. Trips to amusement parks, movie theaters, and roller skating are just a few examples. Monthly discussions for youth are also planned. Many educational trips/programs are offered for all youth. The Hampton Roads area is home to many museums, sporting events, concerts, and historical landmarks to enrich and expand the knowledge of all participants.

The Youth Center also gives power to youth through various "in-house" clubs. They include a Girls Club, Sports Club, a Youth/Teen Council, and an Adventure Club.

Fort Story Youth Services also has events and activities planned in conjunction with the Virginia Beach 4-H Chapter, and the Girl Scouts of America.

Things To Do - Recreation and Sports

The Youth Center offers a wide variety of social and recreational programs for youth 6-18 years of age. (Ages 6-9 are preteens, ages 10-12 are Jr Teens, and ages 13-18 are teens). Tournaments for pool, ping pong, air hockey, foosball, and other "Recreation" sports are just a few examples. Others include socials, youth discussions, movie and popcorn nights, and a gym for basketball, volleyball, and other sports.

Youth Services offers a limited number of sports due to the small population at Fort Story. Baseball/T-Ball is played during the spring through the Oceana Baseball League. Soccer is played during the fall through the Norfolk Naval Youth Soccer League. Finally, basketball is played during the fall - early spring with the Norfolk Naval Basketball League.

Sports are offered by the City of Virginia Beach through its recreation centers. These sports include Football, Baseball, Soccer, Basketball, Tennis, and Swimming.

Youth Services does various instructional classes to include: Tae Kwon Do, Tap & Jazz, Piano/Violin, Dance, Ballet, and Tumbling.

Youth Services offers some sports clinics at different times throughout the year. Clinics are for Soccer, Tennis, Baseball, Flag Football, and Basketball.

Activities in the high schools surrounding Fort Story include Football, Soccer, Basketball, Wrestling, Field Hockey, Tennis, Band, Choir, and scholastic and vocational clubs.

Schools

(Cross Reference - Category - Education, Public/Private Schools)

Once arriving at Fort Story, your child will be attending a Virginia Beach Public School. For children in grades K-5 the school will be John B. Dey Elementary or Linkhorn Park Elementary. Grades 6-8 will be attending Great Neck Middle School. Grades 9-12 will be attending Frank W. Cox High School.

School Age Care

School Age Services offers a Before and After School Program for student ages 6-12. Program hours are Monday-Friday 0600-0830; 1530-1730. These hours reflect the hours needed on school days, and expand when school is out. Breakfast and snack are provided daily. Fees are based on Total Family Income. We provide the service for youth who attend John B. Dey Elementary, Linkhorn Park Elementary, or Great Neck Middle School.

All activities are child initiated. Directed activities of Arts & Crafts, Sports & Fitness, and Special Events are offered daily to the children. The children have a variety of areas to use on a daily basis. They include a Computer/Homework lounge, a Creative Thinking/Tool Time Center, "Dress up" area, and Art Center.

The School Age Services department works closely with parents and children to enhance their growth and development.

During the summer months the School Age Services department offers a Summer Day Camp. The camp has a weekly charge and has limited space. The camp hours are 0700-1700 Monday-Friday. Many field trips are taken on a weekly basis to include trips to museums, swimming pools, the beach, farms/petting zoos, amusement parks, and fun and games like putt-putt golf. A summer reading program is also provided during the Summer Day Camp. This enables the children to stay sharp during the long summer months.

On a daily basis during Summer Camp, children are challenged and kept occupied from the moment they arrive until the moment Mom or Dad picks them up.

Religious Programs

Check with the post chapel for information on Religious programs for youths.

Special Events

For further information on any Youth Services program or special events during the year please visit the Youth Services Center, BLDG 457. If you are visiting Fort Story, feel free to come by and pick up a monthly calendar, take a tour of the building, or speak with some of the staff.

Sponsorship and Support

In early 1998 Youth Services will offer a Youth Sponsorship program which helps incoming and

outgoing youth adjust to a new installation. An incoming youth is provided another youth of similar age and interest to sponsor his/her arrival. They will write a letter giving pertinent information to the incoming youth on Youth Services, and Fort Story. Youth Services will include information on Virginia Beach Schools and a calendar. When the youth arrives, a tour will be given by Youth Services and the sponsoring youth. This gives the new youth a friend upon arrival. Youth departing Fort Story can request a sponsor for the installation that will be their new home.

Youth Employment

Youth Services is working toward having a Workforce Prep workshop by mid 1998. The program will teach teens how to fill out a resume, questions to ask and not to ask on job interviews, how to dress, and how to present themselves in a professional manner. This workshop will be followed by a Teen Job Fair where the teens will be able to talk with different businesses and agencies that have paid and non-paid positions available.

Youth Centers

The Youth Services Center is open to all youths, ages 6-18 years of age, of active duty, reserve, retired military and civilian personnel employed on Fort Story. Guests are welcome, but must register with the Youth Services staff. Completion of a registration form is required to participate in Youth Services programs and activities.

The Youth Services building was erected in 1994/95 and opened in September 1995. The building has:

*A game room for pool, air hockey, foosball, chess/checkers, piano, etc. *A dance/instructional room for Tae Kwon Do, ballet etc. *A youth lounge for all members to play and watch TV *A computer/homework lounge *A kitchen snack bar area *A gym *A multi-purpose Sports Field adjacent to the building

Name: Youth Services Center
Address: BLDG 457 Vera Cruz Road
City: Fort Story, VA 23459
Phone: (757) 422-7714
FAX: (757) 422-7095

For Teens Only

Teen programs require youth commitment and responsibility for programs. Through participating in

teen programs the youth can create opportunities to discover new dimensions in their communities and within themselves. One of the ways a Fort Story teen can do this is by actively participating in the Youth/Teen Council. The Council is set up to give the members of the center a voice in not only YS activities, but in the community. While the council is set up for all members, only teens are eligible for President and Vice President.

Also Teens run the quarterly members newsletter "The Jimmy Jank". It describes the happenings in the youth center and around Fort Story.

Teens are also picked to be volunteer Camp Counselors during the summer months to work with the school age children.

Survival Tips For First Termers

Survival Tips for First Termers Overview

Relocation affects everyone in the military. Very seldom is anyone on active duty able to avoid moving to a different area. Relocation is the most distinguishing aspect of a military career and can be rewarding and challenging. To make each move a success, a great amount of planning and preparation is necessary.

Listed below are some "survival tips" to help you and your family meet the challenges of the mobile military lifestyle.

This category is composed of information that was gathered from other categories. Make sure you cross reference.

Before You Move

As soon as you receive your orders, visit with the Relocation Assistance Program, Army Community Service, for relocation counseling, base information, specific expenses of living in the area, and lots of other good information.

Contact the Household Goods office for an appointment to schedule your personal property move. During your appointment your counselor will provide a great deal of valuable information. Pay attention to details, take notes and ask questions. Remember every question is valuable. Failure to ask questions and adhere to guidelines can be costly in both time and money.

Notify your landlord, rental agent, or Housing Office of your Permanent Change of Station (PCS) orders and approximate date of departure. If there is a military clause in your lease, you must give this notification in writing.

Get letters of credit from your current utility companies to possibly get waivers of deposit when setting up utilities at your next duty station.

Request a Sponsor for your next duty station. This person can be a vital link to your new home. In most cases, you will get a sponsor assigned to you when you arrive.

Begin a calendar for your move. Include items to remember - change of address cards, school and medical records for your children, find out when school begins and ends at your new duty station, make travel and lodging arrangements for your pets, etc. Notify your family, friends, banks, credit vendors, etc. of your upcoming move.

Start budgeting for your move. Contact the Finance Office about your pay and entitlements. Moving can be expensive and even after you have received your special pays and entitlements, you will still have out of pocket expenses.

Don't forget to make reservations for temporary lodging.

After You Arrive

If you are married and intend to bring your family to this area with you, it would be best for them to stay with other family members or some other safe place until you have come here, processed in, and found a place to live. This is a high cost area and no temporary quarters are available. Also, if your orders assign you to either Fort Eustis or Fort Story and you get off-post housing at either location and your assignment is changed when you process in, it will create a hardship for you because of the 50 miles commuting distance. **YOU ARE REQUIRED TO CONTACT THE HOUSING OFFICE ON-POST BEFORE YOU RENT OFF-POST HOUSING.** Housing offices: Fort Eustis - BLDG 601, (757) 878-2506, Fort Story - BLDG 727, (757) 422-7321.

Notify the household goods office of your new address and to check on the status of your household goods. Have they arrived? Are they in storage? How soon can they be delivered? How do I file a claim for damage?

Once you've found a new home and your household goods have arrived, get acquainted with your new surroundings.

Contact utility companies to make arrangements for connections. Get letters of credit from past utility companies to possibly get waivers of deposit.

Be at home when the movers arrive. Have an idea of where you want things placed. Check your inventory sheet carefully to make sure you have all of your items. If anything is missing or damaged, file a claim within 70 days with the Legal Services Office.

Reporting Procedures

Fort Story is a sub-installation of Fort Eustis, Virginia. Fort Eustis is located about 50 miles away. All persons assigned to Fort Story must first process in at Fort Eustis. There is no guarantee that your assignment will be Fort Story. When you inprocess in at Fort Eustis, your assignment may change. The Military Personnel Office will assign you based on the needs of the command at that time. You may be assigned to Fort Eustis or Fort Story. Military Personnel Office: Fort Eustis - BLDG 662, (757) 878-0953 Fort Story - BLDG 564, (757) 422-7033.

Travel Planning

When planning to move, Advance Pay is available, but not recommended. **DO NOT TAKE ADVANCE PAY UNLESS YOU REALLY HAVE TO!** Repayment of Advance Pay comes directly out of your paycheck, then you may really need the money and it will be obligated.

Billeting may be arranged up to 60 days in advance. As soon as you get your orders, **START PLANNING**. Billets tend to be full during the summer, so pre-planning is always beneficial.

Ensure that concurrent travel is approved by gaining commander. This authorizes your spouse travel.

Make sure your orders have all of your family members listed. This ensures your family members have authorized travel.

If concurrent travel is not authorized, housing and travel will not be reimbursed.

Vehicle Ownership

(Cross Reference - category - Installation, related subject - Regulations)

Whether a vehicle must be registered in Virginia depends on who owns the vehicle and whether the owner is a resident or nonresident. Here are the important definitions: "Domicile" is your state of legal residence; the state you consider to be your home state; the state to which you would return if you left the Army today. While there is no single, conclusive test to determine domicile, the following factors are relevant: where you were born and raised; where you are registered to vote; where you hold a driver's license; where you pay personal income taxes; where you own property; and where you have other ties such as professional licenses and membership in various organizations.

The Soldiers and Sailors Civil Relief Act (SSCRA) prevents a state from creating a presumption that an active-duty military member becomes domiciled in that state simply because they are stationed there. The member may choose to become a domiciliary of that state, but cannot be forced to - they can retain their old domicile throughout their military career.

Contrary to a popular misconception, however, the SSCRA does not give a military member the unlimited right to choose any state as a new domicile. You could not, for example, become a domiciliary of Texas if you are not stationed there. "Nonresident" means every person not domiciled in Virginia, except those who become residents as described below. "Resident" means every person domiciled in Virginia (and physically living here) plus every other person who meets any of the following criteria (Note: the criteria does not apply to active-duty members but does apply to family members): (i) Works in Virginia for more than 60 days; (ii) Lives in Virginia for 6 months (except nonresident students); or (iii) Registers a car in Virginia using a Virginia address. "Nonresident student" means every nonresident who is enrolled as a full-time student and who is not gainfully employed.

Virginia law requires all vehicles owned by Virginia residents to be registered in Virginia, with one exception. Follow these rules based on ownership of the vehicle: 1) Owned solely by any person domiciled in Virginia (regardless of military status): Must register in Virginia. 2) Owned jointly and one or both owners are domiciled in Virginia (regardless of military status): Must register in Virginia. 3) Owned solely by a civilian who is not domiciled in Virginia (regardless of spouse's or sponsor's domicile): Must register in Virginia within 30 days of becoming a Virginia resident (see definition above). 4) Owned jointly by a military member not domiciled in Virginia and a civilian not domiciled in

Virginia: Follow rule 3. Treat the vehicle as if owned solely by the civilian. 5) Owned solely by a military member who is not a Virginia domiciliary: Must register in either Virginia or the state of domicile. Retaining a registration from a third state--for example, where you were last stationed--is not allowed.

INSURANCE All automobiles must be insured. Car insurance rates for the state of Virginia are relatively low. Rates vary depending upon past driving record, age, type of vehicle, etc.

Housing and Billeting

Procedures for securing housing can be obtained from the Housing Office. (Cross reference - category - Housing) To secure temporary lodging or billeting, you must plan ahead and make reservations. Prices vary on and off post. (Cross reference - category - Relocation Services, related subject - Billeting)

At A Glance

Facility/Services Summary

--Officer and Enlisted Population--			
Active Duty Officer	74	Active Duty Warrant Officer	12
Guard Reserve Officer	143	Guard Reserve Warrant Officer	4
Retired (Officer and Enlisted)	3800	Foreign Service Officers	0
Active Duty Enlisted	1142	Guard Reserve Enlisted	679
Foreign Service Enlisted	0		
--Civilians--			
Civil Service	109	Wage Grade	54
Non-Appropriated Funds	0	Family Members -on and off Installation-	6102
--Family Services--			
Family Centers	1	Teen Centers	1
Child Day Care	1	Family Child Care Certified Homes	3
Total Child Capacity	60	Total Child Capacity	63
Average Waiting List Time -Months-	6		
--Other Services--			
Commissary	0	Exchanges	1
Shoppettes	1	Gas Stations	1
Movie Theaters	1	Banks and Credit Unions	1
McDonalds/Burger King	0	Other i.e. Exchange concessionaires	1

Money Matters

Moving is expensive. The average military member loses money when moving. Some expenses incurred during a move are not completely reimbursable. Military members and their families must be prepared! Develop a financial plan as soon as possible. Army Community Service has a budget counselor available to help. Family members must appear on the PCS travel orders to receive entitlements i.e. travel pay, household goods, etc.

Dislocation allowances are not paid to first time PCS from student status to permanent party. When you arrive at your new residence whether that be a house, apartment, or barracks, be cautious with major purchases. Space may be limited! Also, make sure you will be able to handle the financial burden.

Housing Summary

<i>--Officer Housing--</i>			
Senior Officer Waiting	12	Senior Officer 3 Bed Room	2
Senior Officer 4 Bed Room	0	Senior Officer Other	0
Company Grade Officer Waiting	12	Company Grade Officer 2 Bed Room	0
Company Grade Officer 3 Bed Room	14	Company Grade Officer 4 Bed Room	0
Company Grade Officer Other	0	BOQ	0
<i>--Enlisted Housing--</i>			
Senior Enlisted Waiting	13	Senior Enlisted 3 Bed Room	20
Senior Enlisted 4 Bed Room	0	Senior Enlisted Other	0
Enlisted Waiting	13	Enlisted 2 Bed Room	0
Enlisted 3 Bed Room	128	Enlisted Other	0
BEQ	0	Transient Lodging Facilities	76

Local Community Summary

<i>Type of Housing</i>	<i>Avg.</i>	<i>Low</i>	<i>High</i>
Apartment Rent	500	400	700
House Rent	650	500	1200
House Price - Single Family	96	60	225
Townhouse/Condominium Price	65	45	100

Medical and Dental Summary

<i>--Medical Facilities--</i>					
Medical Treatment Facilities	Y	Number of Beds	0	Medical Clinic	1
Alcohol	Y	Allergy	Y	Audiology	Y
Cardiology	Y	Coronary care	Y	Dermatology	Y
Dietary	Y	Emergency room	Y	Endocrinology	Y
Family Practice	Y	General surgery	Y	Gynecology	Y
HIV Unit	Y	Hematology	Y	Immunization	Y
Infect Disease	Y	Intensive Care	Y	Laboratory	Y
Mental Health	Y	Neonatal Intensive Care Unit	Y	Nuclear Medicine	Y
Nephrology	Y	Neurology	Y	Neurosurgery	Y
Obstetrics	Y	Oncology	Y	Ophthalmology	Y
Optometry	Y	Orthopedics	Y	Otolaryngology	Y
Pathology	Y	Pediatrics	Y	Physical Therapy	Y
Podiatry	Y	Primary Care	Y	Radiology	Y
Rheumatology	Y	Urology	Y		
<i>--Dental Facilities--</i>					
Dental Clinics	1	Adolescent	Y	Endodontics	Y
General Dentistry	Y	Oral Surgery	Y	Orthodontics	Y
Pedodontist	Y	Periodontics	Y		

Relocation and Support Services Summary

--Military Clubs--			
Officers Club	1	Non-Commissioned Officers Club	1
Enlisted Club	1		
--Recreation--			
Arts and Crafts	0	Automobile Hobby Centers	1
Bowling Centers	1	Recreational Centers	1
Libraries	1	Music and Theater Locations	1
--Physical Fitness/Sports--			
9 Hole Golf Courses	0	18 Hole Golf Courses	0
Gyms/Physical Fitness Centers	1	Jogging Paths	1
Tennis Clubs/Courts	1	Tennis Courts - Lighted	1
Swimming Pools - Public	0		
--Nature/Outdoor Activities--			
Outdoor Recreation Centers	1	Campgrounds	1
Fishing Areas	2	Horse Stables	0

APPENDIX

Disclaimer

Presentation of direct or indirect links to products, services or vendors does not constitute endorsement by the Department of Defense. We have provided links to these sites because they have information that may be of interest to our users. These links are presented for informational purposes only. You are encouraged to thoroughly investigate and evaluate items of interest prior to entering into contractual obligations.